# The Use of a Novel Excipient to Enable the Preparation of Stable and Dispersible Dry-powder Aerosol Formulations by Spray Drying

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## ABSTRACT

We report the use of a novel proprietary excipient that enables the formation of highly dispersible and stable particles suitable for commercial products. A mechanism is proposed to explain the particle formation phenomenon addressing why this excipient produces particles with superior aerosol properties.

### **OBJECTIVES**

 Design particles with small aerodynamic diameter, which are not cohesive, to be efficiently delivered as a dry powder aerosol.

## INTRODUCTION

The use of spray drying to prepare dry powders for inhalation of small molecule drugs (such as antibiotics and antiasthmatics) constitutes a technological challenge mainly because fast drying promotes the formation of amorphous material which is intrinsically cohesive and can be unstable. We describe the onestep preparation of dry powders suitable for inhalation using trileucine. The resulting powders have superior dispersibility and room temperature stability. These powders do not require the use of a carrier, which may represent an advantage when large amounts of powder need to be delivered in a single dose.

## **METHODS & MATERIALS**

#### Powder Preparation

Dry powders for inhalation for several antibiotic and antiasthmatic drugs were obtained from spray drying of aqueous solution with and without trileucine in a Büchi 190 spray dryer.

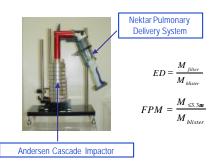
Surface tension of the solutions prior to spray drying was measured using the Wilhelmy plate method using a Krüss model K-12 Tensiometer.

#### Powder Characterization

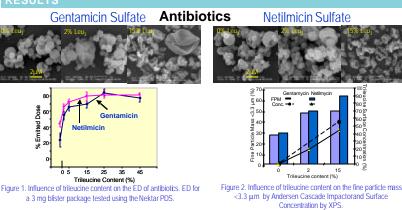
SEM was used to monitor particle morphology. Powder surface composition was determined by X-ray Photoelectron Spectroscopy (XPS). Surface energy was calculated from acetone and octane adsorption isotherms at 25°C, which were gravimetrically determined in a DVS.

#### Aerosol Characterization

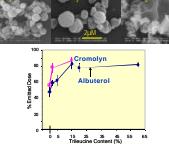
The powders' aerosol performance was characterized by their *in vitro* emitted dose (ED) and their fine particle mass less than  $3.3 \ \mu m$  (PPM- $3.3 \ \mu m$ ), determined by using a Nektar Pulmonary Delivery System (PDS) and an Andersen Cascade Impactor (ACI), respectively, under controlled ambient conditions (21°C and 40% RH).







# Asthmatic Therapeutics Cromolyn



Albuterol

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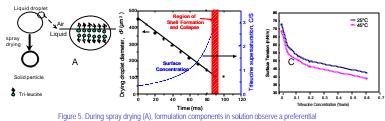
Figure 3. Influence of trileucine content on the ED of anti-asthmatics. ED was for a 3 mg blister package tested using the Nektar PDS. 2% albuterol powders contain raffinose and trileucine.

Trileucine content (%) Figure 4. Influence of trileucine content on the FPM <3.3 µm by Andersen Cascade Impactorand Surface Concentration by XPS. 2% albuterol powders contain raffinose and trileucine.

Surface energy, γ<sub>s</sub>, of Albuterol/Raffinose/Trileucine powders decreases as trileucine coverage increases

	Trileucine	ED	$\gamma_s^d$	$\gamma_s^p$	$\gamma_{s}$	Where,
	concentration (% w/w)	(%)	(mNm <sup>-1</sup> )	(mNm <sup>-1</sup> )	(mNm <sup>-1</sup> )	$\gamma_{s} = (\gamma_{s}^{d} \gamma_{s}^{p})^{\gamma_{s}},$
	5	62	30.0	2140.3	254	$\gamma_s{}^d$ is the dispersive (non polar), and
_	20	78	30.9	1194.2	192	
	60	82	30.7	974.4	173	$\gamma_s{}^p$ is the polar components of the surface energy
Formulations contain 2% albuterol, indicated amount of trileucine and the rest is raffinose						

Particle Formation Mechanism



precipitation inversely proportional to their aqueous solubility (B). In addition, trileucine surface activity (C) promotes the formation of a non-polar, low-energy surface.

#### CONCLUSIONS

- Addition of small amounts of trileucine to the formulation produces dry powders for inhalation with superior FPM and ED of otherwise difficult-toformulate antibiotics and asthmatic therapeutics.
- Three- to ten-fold enrichment of trileucine on the surface of the spray-dried powders correlates to its high surface activity in aqueous solutions.
- Trileucine containing particles are more "wrinkled" and have low surface energy, which significantly improves aerosol performance.

# ACKNOWLEDGMENTS

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