Introduction to Aerosol Technology for Drug Delivery

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Sunflower, morning glory, hollyhock, lily, primrose, and caster bean

http://remf.dartmouth.edu/images/botanicalPollenSEM/source/12.html

Outline

- Anatomy and Physiology of the Respiratory System
- Deposition and Pharmacology
- Delivery Devices
- Powder Manufacture
- Particle Engineering

The Portal: Nose or Mouth



Nose

- Variable anatomy
- Warms and filters air
 - Captures > 50 % of particles with an aerodynamic diameter d_a > 3 μm
 - Captures > 90 % of particles with $d_a > 10 \ \mu m$
- Surface area: 150 cm²
- Cilia and mucus transport particles down the nasal cavity to the pharnyx. Mucociliary clearance takes 15 – 20 min.

Mouth

- Extrathoracic filter function
 - < 10 % for d_a < 3 µm
 - > 65 % for $d_a > 10 \ \mu m$
 - Depends on jaw and tongue position, and on breathing rate
- Extrathoracic volume: 50 cm³

Particle Tracking with Computational Fluid Dynamics



t = 218 ms

CFD Particle Tracking



$$t = 310 \text{ ms}$$

t = 420 ms

Lung Anatomy - Overview



Conducting Zone

- Trachea
- Bronchi
- Bronchioles
- Terminal Bronchioles
- Volume: 175 cm³
- Surface Area: 3500 cm²

Respiratory Zone

- Respiratory Bronchioles
- Alveolar Ducts
- Alveoli
- Volume: 5,000 cm³
- Surface Area: 100 m²

Conducting Airways – Trachea and Bronchi



Structure

- Cartilaginous
- Longitudinal elastic fibers
- Smooth muscle
- Ciliated
- Mucus layer
- Branching with irregular dichotomy

Physiology

 Contributes most of the airway resistance

Adapted from: F.H. Netter, Respiratory System, Ciba Geigy, 1992

Conducting Airways - Bronchi and Bronchioles



Respiratory Zone



- No cartilage, cilia or mucus
- Few longitudinal elastic fibers and some smooth muscle
- 300 million alveoli provide a large surface area (100 m²) separated from blood flow by a thin tissue layer.
- The entire blood volume of the body passes through the lungs each minute.

Lung Volumes



Lung Function Test / Spirometry



Breathing - Mechanical Analogy



Flowrate:

 $Q = \frac{\sqrt{Pa}}{R_a}$

Ra: Airway Resistance Pp: Pleural Pressure (Drop) Pa: Alveolar Pressure (Drop)

IC: Inspiratory Capacity

Inspiration through a DPI - Mechanical Analogy



Flowrate:

 $Q = \frac{\sqrt{IP}}{R_d}$, Rd >> Ra

Rd: Device Resistance Ra: Airway Resistance Pp: Pleural Pressure (Drop) Pa: Alveolar Pressure (Drop) IP: Inspiratory Pressure (Drop) IC: Inspiratory Capacity

Breathing Profile, Flow Versus Time



Adapted from: Clark and Hollingworth, Journal of Aerosol Medicine, 6, 99, 1993

Breathing Profiles and Mouth Pressure in the Diseased Lung



J. P. de Koning, Dry Powder Inhalation, PhD Thesis, Rijkuniversiteit Groningen, 2001

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Aerosol Transport – Aerodynamic Diameter

The aerodynamic diameter , d_a , of a particle is the diameter of a sphere with a density of 1 g/cm³ having the same gravitational settling velocity as the particle.

Gravitational Force

 $F_D = \frac{3\pi\eta v d_g}{C}$

$$F_{Gr} = m_p g_{,}$$



Cunningham Slip Correction Factor corrects for non-continuum conditions. (P in kPa, d in μ m)

$$v_{s} = \frac{\rho_{p} d_{g}^{2} g C_{C}}{18\eta} \qquad C_{C} = 1 + \frac{1}{Pd} \left(15.39 + 7.518 e^{-0.0741 Pd}\right)$$

d_a is derived equating the settling velocity of the particle and the reference sphere:

Assuming that the slip correction factors are nearly identical and using ρ in g/cm³:

Stokes Number and Impaction Parameter

The dimensionless Stokes number is the ratio of the stopping distance and a characteristic dimension of the gas flow. It describes how well particles are able to follow the gas flow.

$$Stk = \frac{s}{x} = \frac{v_0 \tau}{x} \qquad \qquad \tau = \frac{d_a^2 C_c}{18\eta}$$

The stopping distance is the initial velocity of a particle times the relaxation time.

For the impaction of a gas jet onto a surface the characteristic dimension is the jet radius. The particle velocity is assumed to be the same as the gas velocity.





$$K = d_a^2 Q$$

For lung deposition a related parameter, called impaction parameter or inertial parameter, is often used, where Q is the inspiratory flow rate. This is less accurate, because it assumes a fixed geometry.

Lung Deposition - Mechanisms



Plays a role in triboelectrically charged aerosol

Losses in Pulmonary Delivery



Losses in Nasal Delivery



Factors Affecting Lung Deposition

- Aerodynamic particle diameter
 - Primary aerodynamic particle diameter
 - State of agglomeration
 - Hygroscopic growth / droplet evaporation
- Inspiratory flow
 - Flow increase rate
 - Peak inspiratory flow rate
 - Inspiratory capacity
 - Breath hold
- Lung volume
- Aerosol concentration and initial velocity
 - Inhalation device design
 - Delivered dose

Determined by

- Formulation
- Delivery Device
- Patient
 - Gender
 - Age
 - Training
 - Disease state
 - Inspiratory Effort

Deposition as a Function of Particle Size and Flow Rate



After Clark & Egan, J Aerosol Sci., 25, 175, 1994; ICRP Publication 66, 1994

Hygroscopicity Influences Deposition



Numerical model results Tidal volume: 625 ml Breathing frequency: 15 / min Monodisperse NaCl particles

Pharmacology - Systemic Drug Delivery





Transport Across the Alveolar Wall

A typical aerosol dose (1 - 50 mg) deposits only a few particles per alveolus onto a thin alveolar wall (200 nm)

Transport mechanisms

- Paracellular
 - Tight junctions epithelium
 - Loose junctions endothelium
 - Transcellular
 - Diffusion
 - Transcytosis
 - Receptor mediated

Absorption kinetics are fast and depend on

- Molecular weight
- Solubility
- Partition coefficient.

Pharmacology - Local Drug Delivery



Across the Bronchiolar Epithelium

Transport mechanisms

- Local aerosol concentration higher, because of smaller surface area
- Diffusion in mucus layer competes with mucociliary clearance, solubility is important
- Bioavaliability depends on location of local target
- Larger distances favor small molecules
- Active transport present, e.g. for immunoglobulins

Absorption Kinetics

- Slower but targeting the conducting airways is difficult
- Interstitial tissue may act as reservoir

Active Transport Using FcRn Trafficking



Systemic Delivery of Fc-Fusion Molecules (Syntonix)

- > Fc-fusion molecules: API attached to Fc fragment.
- 5 to 50 % bioavailability depends on type of fusion molecule, monomeric vs. dimeric.
- Receptor saturation limits capacity for systemic delivery



Nose Ultrastructure

- Cilia and mucus transport particles to the pharnyx.
- Mucociliary clearance takes 15 20 min
- High bioavailability only for small molecules
 (< 1 kDa) with rapid uptake (1 5 min)



Columnar ciliated epithelium

3-5 % of total nasal surface



Olfactory Region

casweb.cas.ou.edu/pbell/Histology/Captions/Respiratory/106.nasal.epithel.40x.html www.colorado.edu/epob/epob3730rlynch/image/figure8-18.jpg

Tight Junction Modulation (Nastech)



Defense Mechanisms and Ways to Beat Them

- Mucus / Mucociliary Clearance
- Phagocytosis

Cellular Barrier

- Tight Junctions
- Cell Wall
- Lysosomal Proteases
- Filter Function

- Bioadhesives
- Rapidly dissolving particles
- Large particles
- Trojan Horses
- Tight junction modulation
- Transporter, viral vectors
- Molecular carriers, active transport
- Bioactive particle surfaces
- pH sensitive release
- Particle & Device Engineering

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Delivery and Dispersion Devices

- Powder Manufacture
- Particle Engineering

Delivery Devices – Classification

By actuation

- Passive uses breathing maneuver to administer or disperse dose
- Active uses external energy source to administer dose
 - Active coordinated requires cooperation of patient
 - Active uncoordinated no patient cooperation

By dosage form

- Liquid (drops, jet, spray, aerosol)
- Suspension
- Dry (homogeneous powder, blend, on carrier)

By dosing type

- Single dose
- Multi dose
 - Reservoir
 - Unit packaged (single course, refillable)
- Metered versus unmetered
- Administration to a single patient versus multiple patients

Pulmonary Delivery Devices – Nebulizers



Pulmonary Mass Inoculation Systems

Used by WHO for measles mass immunization Multi patient delivery with disposable patient interface.

Fig. 1. Diagram of equipment used to aerosolize vaccines



Attack rates during the 1988-90 measles outbreak in Mexico: Not vaccinated: 26 % Vaccinated SC: 14 % Vaccinated pulmonary: 0.8 %



New Nebulizer Developments

Boehringer Ingelheim, Respimat; Impinging Jet

Aerogen / Nektar, OnQ; Micropump, Vibrating mesh





Aradigm AERx; Microorifice / Disintegrating jet


Stand-Alone, Hand-Held Nebulizer (Pari)

eFlow Anatomy:



Pressurized Metered Dose Inhalers



Multi-Dose Dry Powder Inhaler - Reservoir



Example:

Turbuhaler (Astra Zeneca)

- Micronized neat drug or with lactose carrier
- 50 200 doses
- Dose counter
- ~ 50 mg reservoir capacity
- Flow rate dependent lung dose

Dry powder aerosol. Multi-dose, reservoir metered. Passive device

Multi-Dose (Maintenance) Dry Powder Inhaler - Blister



Example:

Diskus (GSK)

- Uses lactose carrier
- 60 metered doses
- Dose counter
- Small mouthpiece

Multi-Dose (Therapy) Dry Powder Inhaler - Blister



Example:

DiskHaler / Relenza (GSK) Antiviral therapy

- Uses 20 mg lactose carrier + 5 mg of active
- Daily dose in blister disk
- Room temperature storage
- 13 ! steps to administer

contains 4 blisters of medicine; the disk fits into the dark brown wheel inside the DISKHALER

Single-Dose Passive Dry Powder Inhaler - Capsule



Single-Dose Active Dry Powder Inhaler - Blister



Nektar PDS

- Decouples inspiration and dispersion
- Uses compressed air for dispersion
- Foil blisters contain 2 5 mg of powder
- Aerosol is dispersed into collapsible holding chamber



Nasal Delivery Devices – Spray Bottles



Blow-Fill-Seal Technology



Extruding

The plastic parison, extruded from polymer, is accepted by the opened blow mould and cut below the die of the parison head.

Moulding

The main mould closes and simultaneously seals the bottom. The special mandrel unit settles onto the neck area and forms the parison into a container using compressed air or vacuum.



Filling

By the way of the special mandrel unit, the product precisely measured by the dosing unit is filled into the container.

Sealing

After the special mandrel unit retracts, the head mould closes and forms the required seal by vacuum.

Mould opening

With the opening of the blow mould, the containers exits from the machine and the cycle repeats itself. Drops, jet, spray? Single-dose. Metered.

MicroDose™ Features



Preservative Free Spray Bottle



Metering Spray Pump working as a closed system: (Aerodiol® from Servier, Nezeril® from Astra Zeneca, and Otrivin® from Novartis)

Nasal Delivery Devices – Metered Sprays

Technical Data



Pranar

Used in

Hormone replacement therapy (Oestradiol),
Osteoporosis (Calcitonin),
Pain management (Butorphanol, Sumatriptan, and Zomitriptan),
Smoking cessation (Nicotine),
Enuresis (Desmopressin),
Motion sickness (Metoclopramide)

2 = temporary drug contact

3 = permanent drug contact

Product

Nasal Delivery Devices – Metered Sprays



Nasal Delivery Devices – Bidirectional



Breath actuated drug release into airflow Soft palate closes automatically Blow into the device Side view showing closed soft palate

Spray. Multi-dose. Metered Breath actuated Active coordinated.



DirectHaler



Dry powder

Dry powder. Single dose. Passive.

Nasal Powder Delivery Devices – Active



Unidose DP

Dry powder. Active uncoordinated. Single dose.

Valois Monopowder



BD SoloVent



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Powder Manufacturing Methods – Milling and Blending

Milling

- Jet-milling (dry)
- Homogenization (wet)
- Cryo-milling (cold)



Micronized Budesonide

Blending

- with larger carrier particles
- with smaller "force control agents"



Lactose Blend

Powder Manufacturing Methods – Precipitation and SCF

Precipitation



Example: Mannkind Technospheres: Self Assembling Particles Precipitation induced by pH shift



Supercritical Fluid Particle Technology

Dispersion and solvent extraction by supercritical fluids



Powder Manufacturing Methods – Spray Drying

Spray Drying

- Solutions
- •Suspensions, dispersions
- Emulsions
- •Co-solvent
- •With pore-forming agent



Nanoparticle

suspension

Protein solution



Pore-forming Agent



http://people.deas.harvard.edu/~ntsapis/AIR.html

Spray Drying at Different Scales

Benchtop



Büchi 191 Evaporates 0.5 kg / h

Intermediate Scale



Niro Mobile Minor Evaporates 7 kg / h

(Very) Large Scale



Kaolin Plant Evaporates 16,000 kg / h

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- Particle Engineering by Spray Drying

Particle Engineering Basics

- Particle design requires a good understanding of the particle formation process
- Particle formation is determined by formulation *and* process
- The balance between material properties (solubility, diffusion coefficient, solid state properties) and process parameters (droplet size, evaporation rate, droplet temperature) is key to designing the desired particle morphology

Problem:

The two phase flow in an actual spray dryer is difficult to model.

Heat and mass transfer processes are difficult to study in situ.

Comprehensive numerical models of evaporation and particle formation are very complex and of limited use due to missing material properties

Approach:

Isolate and study relevant sub-processes in idealized environments

- *Single droplets* (acoustic, electrodynamic, optical levitation, concave hot plate, filament technique)
- Droplet chains (vibrating orifice, droplet-on-demand)
- *Research spray dryers* (highly instrumented, monodisperse)
- Approximate analytical model for particle formation
- CFD models for sub-processes with simplified two-phase conditions

Example: CFD Model of the Atomization Process



Droplets pass through a flow field with large temperature and velocity gradients.

Example: Spray Dryer Internal Gas Flow Field



The flow field in the spray dryer is inhomogeneous.

Idealized Environment: Droplet Chain Technique





Droplets do not influence gas phase or each other. Allows measurement of evaporation rates.

Vehring, R. et al. Journal of Aerosol Science, 38, 728, (2007)

Monodisperse, Monomorph Particles



Geometric diameter and density can be correlated with drying rate.

Only small quantities can be produced (< 1mg/h)

Idealized Environment: Monodisperse Spray Dryer



- 1000 x higher production rates
- Gas phase conditions not constant
- No direct observation of evaporation process
 - Online measurement of aerodynamic dry particle diameter

Grainger, C. et al. 26th Ann. AAAR Meeting, Reno, NV (2007) 9B.5

Particles from Monodisperse Spray Dryer



Consistent morphology

Density of main population can be determined

Definition:

$$d^2(t) = d_0^2 - \kappa t$$



Approximation:
$$\kappa = 8D_g \frac{\rho_g}{\rho_l} (Y_s(T_e) - Y_\infty)$$
A = 10.113Vapor Pressure: $\log P_{sat} = A - \frac{B}{T+C}$ A = 1685.6C = -43.154Tin K, P in Pa

Wet bulb temperature:
$$T_{wb} = 137 \left(\frac{T_b}{373.15}\right)^{0.68} \log(T_G) - 45$$

Water Evaporation Rates



Theoretical and measured evaporation rates for pure water droplets in dry air at gas conditions typical for spray drying applications .

Constant Rate Assumption Allows Analytical Solution

Analytical model provides dimensionless numbers

Diffusion equation for normalized radial coordinate, $R=r/r_s$,

$$\frac{\partial c}{\partial t} = \frac{D}{r_s^2} \left(\frac{\partial^2 c}{\partial R^2} + \frac{2\partial c}{R\partial R} \right) + \frac{R\partial c\partial r_s}{r_s \partial R\partial t} \quad , \qquad d^2(t) = d_0^2 - \kappa t$$

D: Diffusion coefficient, *c*: concentration, r_s : droplet radius, *d*: droplet diameter, κ : evaporationon rate.

Solution

$$c = c_m \frac{\exp(-0.5 \operatorname{Pe} R^2)}{3\int_0^1 R^2 \exp(-0.5 \operatorname{Pe} R^2) dR} \qquad Pe = -\frac{r_s \partial r_s}{D \partial t} = \frac{\kappa}{8D}$$

where the concentration is expressed as a function of the average concentration in the droplet, c_m . Pe is the Peclet number.

After: Leong, K. H., J. Aerosol Sci 18, 511, (1987)

Peclet Number and Surface Enrichment

Definition:
$$Pe_i = \frac{\kappa}{8L}$$

Describes balance between velocity of surface recession and diffusion

Surface Enrichment:

$$E_i = \frac{C_{s,i}}{C_{m,i}}$$

Ratio of surface concentration to average concentration

$$E_i = 1 + \frac{\text{Pe}_i}{5} + \frac{\text{Pe}_i^2}{100} - \frac{\text{Pe}_i^3}{4000}$$

Vehring, R. et al. Journal of Aerosol Science, 38, 728, (2007)



Definition:
$$S_{0,i} = \frac{c_{0,i}}{c_{sol,i}}$$

Ratio of initial concentration to solubility (for solutes)

Dimensionless initial density,

Definition:
$$P_{0,i} = \frac{c_{0,i}}{\rho_{t,i}}$$

Ratio of initial concentration to true density (for suspended material or high solubility solutes)

Characteristic Times

Droplet drying time:

$$\tau_{\rm D} = \frac{d_0^2}{\kappa}$$
Time to saturation:

$$\tau_{sat,i} = \tau_D \left(1 - \left(S_{0,i} \cdot E_i \right)^2 \right)$$
Time to true density:

$$\tau_{t,i} = \tau_D \left(1 - \left(P_{0,i} \cdot E_i \right)^2 \right)$$

Precipitation Window:

$$\tau_{p,i} = \tau_D - \tau_{sat,i} = \frac{d_0^2}{\kappa} (S_{0,i} E_i)^{\frac{2}{3}}$$

Particle morphology is determined by the components with the shortest τ_{sat} or τ_t . The precipitation window needs to be long enough or dried solutes will be amorphous.

Formation Mechanism: Large Molecules



Morphology and density change with drying rate

Glycoprotein, MW: 51 kDa, D: 6 ·10⁻¹¹ m²/s (estimate)
Density Decreases with Increasing Pe-Number



Evaporation Process for a Glycoprotein



Vehring, et al., AAAR Annual Conf., Atlanta, GA, 2004

Theory Predicts Surface Enrichment of Protein



Dry particle formation coincides with predicted high surface concentration of the protein.

Diffusion Controlled Particle Formation



Large Peclet Number Examples



Polystyrene nanoparticle (170 nm) suspension

Peptide formulation





N. Tsapis et al. PNAS 99, 12001 (2002); F. Iskandar et al. Journal of Colloid and Interface Science 265, 296 (2003)

Formation Mechanism: Small Molecules





Low Peclet Number (<2) and high solubility leads to solid particles with a density close to the pycnometer density (1.53 g/cm³)

Small Molecules at High Peclet Numbers





Lactose particles, dried at high drying gas temperatures (200 °C inlet) Peclet number range: 2-5

Saccharides can form hollow particles at high Peclet numbers

Small Molecules / Low Solubility – High Surface Activity



Solubility: 8 mg/ml (25°C, pH7) Surface Activity: 42 mN/m (sat, 25°C) MW: 357.5 Da



Particles with very low density can be formed from small molecules

Small Molecules / Low Solubility – Low Surface Activity



Surface activity is not necessary for low particle density

Particle Formation Coincides with Supersaturation



Precipitation leads to sharp increase in Pe - number

Particle Formation with Early Phase Separation



Designing Structured Particles - Applications



- Encapsulation
- Structural layers

- Improving physical stability
- Improving biological / chemical stability
- Improving powder / aerosol properties
 - Flowability
 - Dispersibility
 - Density / Aerodynamic diameter
- Improving delivery
 - Solubility
 - Bioadhesion
 - Release
 - Targeting

Example 1: Large Porous Particles (Alkermes / AIR)



 Large particles with small aerodynamic diameter

$$D_a = D_p \sqrt{\rho_e}$$

Provide good dispersibility

- Lipid (DPPC) based
- May use additional excipients such as organic salts

- D_p = 5-30 μm
- D_a = 1-5 μm

Example 2: Lipid Based Particles (Nektar Therapeutics)



Small Molecule Formulation

- Small porous particles provide good dispersibility and facilitate transport to the peripheral lung
- Lipid (DSPC) based
- May use pore-forming agent to lower and control particle density

PulmoSphere[®]



Mushroom Spore



Example 3: Amino Acid / Sugar Based Particles (Nektar)

Trileucine Shell



Typical Excipients

- Amino acids, di-, tripeptides
- Sugars
- Organic Salts

Protein Formulation



Crystalline Amino Acid Shell



Successful Encapsulation of a Model Molecule

Spray-dried from a co-solvent system:

100 % PVP K17







Designing for Dispersibility



 $0 \% \text{Leu}_3$



Trileucine content (%)

Gentamycin

FPM

Conc.

Netilmycin

Lechuga-Ballesteros, et al. 30th Annual Meeting Controlled Release Society, Glasgow, Scotland, 2003

Netilmicin Sulfate

Frileucine Surface Concentration (%)

Particle Engineering - Conclusion

- Aerosol science, process development and formulation are linked and form a new discipline: Particle Engineering.
- Understanding of the underlying physics and physical chemistry of the evaporation and particle formation processes has led to the development of predictive particle engineering tools.
- Predictive tools for the design of packaging configurations, processing conditions, and formulation compositions allow rapid development and optimal product performance
- Spray drying is capable of economical manufacture of sophisticated particles which have the potential to enable and improve therapeutics in the future for the benefit of patients