### Chapter 2. Functions of Bounded Variation

## §1. Monotone Functions

Let I be an interval in  $\mathbb{R}$ . A function  $f: I \to \mathbb{R}$  is said to be **increasing** (strictly **increasing**) if  $f(x) \leq f(y)$  (f(x) < f(y)) whenever  $x, y \in I$  and x < y. A function  $f: I \to \mathbb{R}$  is said to be **decreasing** (strictly decreasing) if  $f(x) \geq f(y)$  (f(x) > f(y)) whenever  $x, y \in I$  and x < y. A function  $f: I \to \mathbb{R}$  is said to be **monotone** if f is either increasing or decreasing.

In this section we will show that a monotone function is differentiable almost everywhere. For this purpose, we first establish Vitali covering lemma.

Let E be a subset of  $\mathbb{R}$ , and let  $\Gamma$  be a collection of closed intervals in  $\mathbb{R}$ . We say that  $\Gamma$  covers E in the sense of Vitali if for each  $\delta > 0$  and each  $x \in E$ , there exists an interval  $I \in \Gamma$  such that  $x \in I$  and  $\ell(I) < \delta$ .

**Theorem 1.1.** Let E be a subset of  $\mathbb{R}$  with  $\lambda^*(E) < \infty$  and  $\Gamma$  a collection of closed intervals that cover E in the sense of Vitali. Then, for given  $\varepsilon > 0$ , there exists a finite disjoint collection  $\{I_1, \ldots, I_N\}$  of intervals in  $\Gamma$  such that

$$\lambda^* (E \setminus \cup_{n=1}^N I_n) < \varepsilon.$$

**Proof.** Let G be an open set containing E such that  $\lambda(G) < \infty$ . Since  $\Gamma$  is a Vitali covering of E, we may assume that each  $I \in \Gamma$  is contained in G.

We choose a sequence  $(I_n)_{n=1,2,...}$  of disjoint intervals from  $\Gamma$  recursively as follows. Let  $I_1$  be any interval in  $\Gamma$ . Suppose  $I_1, \ldots, I_n$  have been chosen. Let  $k_n$  be the supremum of the lengths of the intervals in  $\Gamma$  that do not meet any of the intervals  $I_1, \ldots, I_n$ . Choose  $I_{n+1}$  such that  $\ell(I_{n+1}) > k_n/2$  and  $I_{n+1}$  is disjoint from  $I_1, \ldots, I_n$ . We have

$$\sum_{n=1}^{\infty} \ell(I_n) \le \lambda(G) < \infty.$$

Hence,  $\lim_{n\to\infty} k_n = 0$ . Moreover, for given  $\varepsilon > 0$ , we can find an integer N > 0 such that

$$\sum_{n=N+1}^{\infty} \ell(I_n) < \frac{\varepsilon}{5}.$$

Let  $R := E \setminus \bigcup_{n=1}^N I_n$ . The theorem will be proved if we can show that  $\lambda^*(R) < \varepsilon$ . For this purpose, let

$$J_n := I_n + 2\ell(I_n)[-1,1], \quad n = 1, 2, \dots$$

Then  $\lambda^*(R) < \varepsilon$  if we can prove  $R \subseteq \bigcup_{n=N+1}^{\infty} J_n$ .

To prove  $R \subseteq \bigcup_{n=N+1}^{\infty} J_n$ , let  $x \in R = E \setminus \bigcup_{n=1}^{N} I_n$ . Since  $\Gamma$  covers E in the sense of Vitali, we can find an interval  $I \in \Gamma$  such that  $x \in I$  and  $I \subset G \setminus \bigcup_{n=1}^{N} I_n$ . Then  $I \cap I_n \neq \emptyset$  for some  $n \in \mathbb{N}$ , for otherwise we would have  $\ell(I) \leq k_n$  for all  $n \in \mathbb{N}$ , which contradicts the fact that  $\lim_{n \to \infty} k_n = 0$ . Let  $n_0$  be the smallest integer such that  $I \cap I_{n_0} \neq \emptyset$ . Then  $n_0 > N$  and  $\ell(I) \leq 2\ell(I_{n_0})$ . It follows that  $I \subseteq J_{n_0}$ , as desired.

Let f be a function from an interval I to  $\mathbb{R}$ . For  $x \in I$ , we define the four derivatives of f at x in the following way:

$$D^{+}f(x) := \limsup_{h \to 0+} \frac{f(x+h) - f(x)}{h} \quad \text{and} \quad D^{-}f(x) := \limsup_{h \to 0-} \frac{f(x+h) - f(x)}{h},$$
$$D_{+}f(x) := \liminf_{h \to 0+} \frac{f(x+h) - f(x)}{h} \quad \text{and} \quad D_{-}f(x) := \liminf_{h \to 0-} \frac{f(x+h) - f(x)}{h}.$$

Suppose f is a real-valued function defined on [a, b], where  $a, b \in \mathbb{R}$  and a < b. Let

$$A := \{x \in [a, b] : D^+ f(x) > D_- f(x)\}$$
 and  $B := \{x \in [a, b] : D^- f(x) > D_+ f(x)\}.$ 

It is easily seen that f is differentiable at each point  $x \in [a, b] \setminus (A \cup B)$ .

**Theorem 1.2.** An increasing real-valued function f on an interval [a, b] is differentiable almost everywhere. The derivative f' is measurable and

$$\int_{a}^{b} f'(x) dx \le f(b) - f(a).$$

**Proof.** The existence of f' is proved by showing that  $\lambda(A) = 0$  and  $\lambda(B) = 0$ . We carry out the proof for A. The proof for B is similar.

For each pair of rational numbers s and t with s > t, let

$$A_{s,t} := \{ x \in [a,b] : D^+ f(x) > s > t > D_- f(x) \}.$$

Then  $A = \bigcup_{s>t} A_{s,t}$ , so it suffices to prove that  $\lambda^*(A_{s,t}) = 0$  for all  $s,t \in \mathbb{Q}$  with s > t. Let  $a := \lambda^*(A_{s,t})$ . For given  $\varepsilon > 0$ , there exists an open set O such that  $A_{s,t} \subset O$  and  $\lambda(O) < a + \varepsilon$ .

In light of the definition of  $D_-f(x)$ , for each  $x \in A_{s,t}$  there exists an arbitrary small interval [x-h,x] contained in O such that f(x)-f(x-h) < th. The collection of such intervals covers  $A_{s,t}$  in the sense of Vitali. By Theorem 1.1, there exists a finite disjoint collection of such intervals  $\{I_1,\ldots,I_M\}$  such that

$$\lambda^* (A_{s,t} \setminus \bigcup_{j=1}^M I_j) < \varepsilon.$$

If  $I_j = [x_j - h_j, x_j]$  for  $j = 1, \dots, M$ , we have

$$\sum_{j=1}^{M} [f(x_j) - f(x_j - h_j)] < t \sum_{j=1}^{M} h_j < t\lambda(O) < t(a + \varepsilon).$$

Let  $G := A_{s,t} \cap \left( \bigcup_{j=1}^{M} (x_j - h_j, x_j) \right)$ . In light of the definition of  $D^+f(x)$ , for each  $y \in G$  there exists an arbitrary small interval [y, y + k] contained in some  $I_j$  such that f(y+k) - f(y) > sk. By Theorem 1.1, there exists a finite disjoint collection of such intervals  $\{J_1, \ldots, J_K\}$  such that

$$\lambda^* (G \setminus \bigcup_{i=1}^K J_i) < \varepsilon.$$

It follows that  $\lambda^*(\bigcup_{i=1}^K J_i) > \lambda^*(G) - \varepsilon$ . But  $A_{s,t} \setminus G = A_{s,t} \setminus \bigcup_{j=1}^M (x_j - h_j, x_j)$ . Hence,

$$\lambda^*(A_{s,t}) \le \lambda^*(G) + \lambda^*(A_{s,t} \setminus G) = \lambda^*(G) + \lambda^*(A_{s,t} \setminus \bigcup_{j=1}^M I_j) < \lambda^*(G) + \varepsilon.$$

Consequently,

$$\lambda^* \left( \bigcup_{i=1}^K J_i \right) > \lambda^* (G) - \varepsilon > \lambda^* (A_{s,t}) - 2\varepsilon = a - 2\varepsilon.$$

Suppose  $J_i = [y_i, y_i + k_i]$ , i = 1, ..., K. Each  $J_i$  was so chosen to be contained in some interval  $I_j$ . If we some over those i for which  $J_i \subseteq I_j$  we find that

$$\sum_{J_i \subseteq I_j} [f(y_i + k_i) - f(y_i)] \le f(x_j) - f(x_j - h_j),$$

because f is an increasing function. Therefore,

$$s(a-2\varepsilon) < s \sum_{i=1}^{K} k_i < \sum_{i=1}^{K} [f(y_i + k_i) - f(y_i)] \le \sum_{i=1}^{M} [f(x_j) - f(x_j - h_j)] < t(a+\varepsilon).$$

Thus,  $s(a-2\varepsilon) \le t(a+\varepsilon)$  for every  $\varepsilon > 0$ . It follows that  $sa \le ta$ . But s > t. So we must have a = 0, as desired.

We have shown that the limit

$$\lim_{h \to 0} \frac{f(x+h) - f(x)}{h}$$

exists for almost every  $x \in [a, b]$ . Define g(x) to be the value of this limit if it exists and 0 otherwise. Set f(x) := f(b) for x > b and define

$$g_n(x) := n \big[ f(x+1/n) - f(x) \big], \quad a \le x \le b.$$

Then each  $g_n$  is nonnegative because f is increasing and  $(g_n)_{n=1,2,...}$  converges to f' almost everywhere. Moreover,

$$\int_{a}^{b} g_{n}(x) dx = n \left[ \int_{b}^{b+1/n} f(x) dx - \int_{a}^{a+1/n} f(x) dx \right] \le f(b) - f(a).$$

Hence, by Fatou's lemma we obtain

$$\int_{a}^{b} f'(x) dx \le \liminf_{n \to \infty} \int_{a}^{b} g_n(x) dx \le f(b) - f(a).$$

This completes the proof of the theorem.

## §2. The Cantor Function

The Cantor set is a subset of the interval [0,1] constructed as follows. Let  $I_{1,0} := [0,1]$  and  $J_{1,0} = (1/3,2/3)$ . For  $n \geq 2$  and  $0 \leq j \leq 2^{n-1} - 1$ , we may express j uniquely as  $j = t_1 2^{n-2} + t_2 2^{n-3} + \cdots + t_{n-1}$ , where  $t_1, t_2, \ldots, t_{n-1} \in \{0,1\}$ . Set

$$I_{n,j} := \left[ \sum_{k=1}^{n-1} \frac{2t_k}{3^k}, \sum_{k=1}^{n-1} \frac{2t_k}{3^k} + \frac{1}{3^{n-1}} \right] \quad \text{and} \quad J_{n,j} := \left( \sum_{k=1}^{n-1} \frac{2t_k}{3^k} + \frac{1}{3^n}, \sum_{k=1}^{n-1} \frac{2t_k}{3^k} + \frac{2}{3^n} \right).$$

It is easily seen that  $I_{n,j}$  is the disjoint union  $I_{n+1,2j} \cup I_{n,j} \cup I_{n+1,2j+1}$ . For  $n \in \mathbb{N}$ , let

$$F_n := \bigcup_{j=0}^{2^{n-1}-1} I_{n,j}$$
 and  $G_n := \bigcup_{j=0}^{2^{n-1}-1} J_{n,j}$ .

Then  $G_n \subset F_n$  and  $F_{n+1} = F_n \setminus G_n$  for all  $n \in \mathbb{N}$ . It follows that  $F_{n+1} = [0,1] \setminus \bigcup_{k=1}^n G_k$ . Consequently,  $G_m \cap G_n = \emptyset$  for  $m \neq n$ . The Cantor set is defined to be

$$C := \bigcap_{n=1}^{\infty} F_n = [0,1] \setminus \bigcup_{n=1}^{\infty} G_n.$$

**Theorem 2.1.** The Cantor set C has the following properties:

- (a) C is compact;
- (b)  $\lambda(C) = 0;$
- (c)  $x \in C$  if and only if there exist  $t_k \in \{0,1\}$  for  $k \in \mathbb{N}$  such that  $x = \sum_{k=1}^{\infty} 2t_k/3^k$ ;
- (d) there exists a one-to-one and onto mapping from  $\{0,1\}^{\mathbb{N}}$  to C.

**Proof.** (a) The Cantor set C is a closed subset of [0,1]. Hence, C is compact.

(b) Since  $G_m \cap G_n = \emptyset$  for  $m \neq n$ , we have

$$\lambda(C) = \lambda([0,1]) - \sum_{n=1}^{\infty} \lambda(G_n) = 1 - \sum_{n=1}^{\infty} \frac{2^{n-1}}{3^n} = 0.$$

(c) Suppose  $x \in [0,1]$ . Then  $x = \sum_{k=1}^{\infty} s_k/3^k$ , where  $s_k \in \{0,1,2\}$  for  $k \in \mathbb{N}$ . Let  $x_0 := 0$  and  $x_n := \sum_{k=1}^n s_k/3^k$  for  $n \in \mathbb{N}$ . If  $s_k \in \{0,2\}$  for all  $k \in \mathbb{N}$ , then

$$x \in [x_{n-1}, x_{n-1} + 1/3^n] \cup [x_{n-1} + 2/3^n, x_{n-1} + 1/3^{n-1}] \subseteq F_{n+1}.$$

Consequently,  $x \in \bigcap_{n=1}^{\infty} F_{n+1} = C$ . Now suppose  $x \in C$ . If  $s_m = 1$  for some  $m \in \mathbb{N}$ , then there exists some  $n \in \mathbb{N}$  such that  $s_n = 1$  and  $s_k \in \{0, 2\}$  for all k < n. It follows that  $x \in [x_{n-1} + 1/3^n, x_{n-1} + 2/3^n]$ . But  $(x_{n-1} + 1/3^n, x_{n-1} + 2/3^n) \subseteq G_n$ . Therefore,  $x = x_{n-1} + 1/3^n$  or  $x = x_{n-1} + 2/3^n$ . In the former case, we have  $x = \sum_{k=1}^{n-1} s_k/3^k + \sum_{k=n+1}^{\infty} 2/3^k$ . In the latter case, we have  $x = \sum_{k=1}^{n-1} s_k/3^k + 2/3^n$ . This verifies our assertion.

(d) Let  $\varphi$  be the mapping from  $\{0,1\}^{\mathbb{N}}$  to C that sends  $(t_k)_{k=1,2,\dots}$  to  $\sum_{k=1}^{\infty} 2t_k/3^k$ . By (c), the mapping  $\varphi$  is onto. In order to prove that  $\varphi$  is one-to-one, let  $(s_k)_{k=1,2,\dots}$  and  $(t_k)_{k=1,2,\dots}$  be two different elements in  $\{0,1\}^{\mathbb{N}}$ . Then there exists some  $n \in \mathbb{N}$  such that  $s_n \neq t_n$  and  $s_k = t_k$  for all k < n. Without loss of any generality, we may assume that  $s_n < t_n$ , i.e.,  $s_n = 0$  and  $t_n = 1$ . Then we have

$$\sum_{k=1}^{\infty} \frac{2s_k}{3^k} \le \sum_{k=1}^{n-1} \frac{2s_k}{3^k} + \frac{1}{3^n} < \sum_{k=1}^{n-1} \frac{2t_k}{3^k} + \frac{2}{3^n} \le \sum_{k=1}^{\infty} \frac{2t_k}{3^k}.$$

This shows that  $\varphi$  is a one-to-one mapping.

We are in a position to define the Cantor-Lebesgue function f on [0,1]. For each  $x = \sum_{k=1}^{\infty} 2t_k/3^k \in C$ , where  $t_k \in \{0,1\}$  for  $k \in \mathbb{N}$ , define

$$f(x) := \sum_{k=1}^{\infty} \frac{t_k}{2^k}.$$

For  $x \in [0,1] \setminus C$ , we have  $x \in J_{n,j}$  for some  $n \in \mathbb{N}$  and  $j \in \{0,\ldots,2^{n-1}-1\}$ . Suppose  $J_{n,j} = (c_{n,j} + 1/3^n, c_{n,j} + 2/3^n)$ , where  $c_{n,j} = \sum_{k=1}^{n-1} 2t_k/3^k$  with  $t_k \in \{0,1\}, 1 \le k \le n-1$ . Then both  $c_{n,j} + 1/3^n$  and  $c_{n,j} + 2/3^n$  belong to C. For  $x \in J_{n,j}$ , we define

$$f(x) := f(c_{n,j} + 1/3^n) = f(c_{n,j} + 2/3^n) = \sum_{k=1}^{n-1} \frac{t_k}{2^k} + \frac{1}{2^n}.$$

**Theorem 2.2.** The Cantor-Lebesgue function f is a continuous and increasing function from [0,1] onto [0,1]. Moreover, f'(x) = 0 for each  $x \in [0,1] \setminus C$ .

**Proof.** Suppose  $x, y \in [0, 1]$  and x < y. Then there exist  $a, b \in C$  such that  $a \le x < y \le b$ , f(a) = f(x) and f(y) = f(b). For  $a, b \in C$  and a < b, we have  $f(a) \le f(b)$ . It follows that  $f(x) \le f(y)$ . This shows that  $f(a) \le f(b)$  is increasing.

Let us show that f is continuous on [0,1]. Suppose  $a \in [0,1]$ . If  $a \in [0,1] \setminus C$ , then a lies in some open interval  $J_{n,j}$  and f is a constant on  $J_{n,j}$ . Hence, f is continuous at a. Suppose  $a \in C$ . For  $0 < \varepsilon < 1$ , let n be the least integer such that  $0 < 1/2^n < \varepsilon$ . Let  $\delta := 1/3^n$ . Suppose  $x \in C \cap (a - \delta, a + \delta)$ . Then a and x have the following ternary expansions:

$$a = \sum_{k=1}^{\infty} \frac{2t_k}{3^k}$$
 and  $x = \sum_{k=1}^{\infty} \frac{2s_k}{3^k}$ ,

where  $s_k, t_k \in \{0, 1\}$  for all  $k \in \mathbb{N}$ . Since  $|x - a| < \delta = 1/3^n$ ,  $s_k = t_k$  for k = 1, ..., n. It follows that

$$|f(x) - f(a)| = \left| \sum_{k=n+1}^{\infty} \frac{s_k - t_k}{2^k} \right| \le \sum_{k=n+1}^{\infty} \frac{1}{2^k} = \frac{1}{2^n} < \varepsilon.$$

Now suppose  $y \in [0,1] \cap (a-\delta, a+\delta)$ . Then there exists some  $x \in C \cap (a-\delta, a+\delta)$  such that f(y) = f(x). Consequently,  $|f(y) - f(a)| < \varepsilon$ . This shows that f is continuous on [0,1].

Note that f(0) = 0 and f(1) = 1. Since f is a continuous and increasing function on [0,1], we have f([0,1]) = [0,1].

Finally, if  $x \in [0,1] \setminus C$ , then  $x \in J_{n,j}$  for some  $n \in \mathbb{N}$  and  $j \in \{0,\ldots,2^{n-1}-1\}$ . Since f is a constant on the open interval  $J_{n,j}$ , we have f'(x) = 0.

#### §3. Functions of Bounded Variation

Let f be a function from a closed interval I = [a, b] to  $\mathbb{R}$ . The **total variation** of f over I, denoted  $\vee_a^b f$ , is the quantity

$$\bigvee_{a}^{b} f := \sup \left\{ \sum_{i=1}^{n} |f(x_i) - f(x_{i-1})| \right\},\,$$

where the supremum is taken over all possible partitions  $a = x_0 < x_1 < \cdots < x_n = b$  of I. If  $\vee_a^b f$  is finite, we say that f is of **bounded variation**.

We see that a function of bounded variation is bounded. A monotone function on a closed interval is of bounded variation. Let f and g be two functions of bounded variation on a closed interval I. Then f+g, f-g, and fg are of bounded variation on I. If, in addition, there exists a constant C>0 such that  $|g(x)| \geq C$  for all  $x \in I$ , then f/g is of bounded variation on I.

If a < c < b, then it is easily verified that

$$\bigvee_{a}^{b} f = \bigvee_{a}^{c} f + \bigvee_{c}^{b} f.$$

**Theorem 3.1.** A function  $f:[a,b] \to \mathbb{R}$  is of bounded variation if and only if f is the difference of two monotone functions on [a,b]. Consequently, if f is a function of bounded variation on [a,b], then f'(x) exists for almost all  $x \in [a,b]$ .

**Proof.** Any monotone function on [a, b] is of bounded variation, so the sufficiency part is obvious.

To prove the necessity, we let f be a function of bounded variation on [a, b] and set

$$g(x) := \bigvee_{a}^{x} f$$
 for  $a \le x \le b$ .

Then for  $a \le x < y \le b$ , we have

$$g(y) - g(x) = \bigvee_{x}^{y} f \ge 0.$$

Hence, g is an increasing function on [a, b]. Moreover,

$$q(y) - q(x) > |f(y) - f(x)| > f(y) - f(x).$$

Let h := g - f. Then  $h(y) \ge h(x)$  for  $a \le x < y \le b$ . Thus, h is also an increasing function on [a, b]. This shows that f = g - h is the difference of two increasing functions on [a, b]. By Theorem 1.2, g'(x) and h'(x) exist for almost all  $x \in [a, b]$ . Consequently, f'(x) exists for almost all  $x \in [a, b]$ .

**Theorem 3.2.** Let  $f:[a,b] \to \mathbb{R}$  be a function of bounded variation, and let  $g(x) := \bigvee_a^x f$  for  $a \leq x \leq b$ . If f is continuous at some point  $x_0 \in [a,b]$ , then g is also continuous at  $x_0$ . Consequently, a continuous function of bounded variation is the difference of two continuous monotone functions.

**Proof.** Suppose that f is continuous at  $x_0 \in [a, b]$ . For given  $\varepsilon > 0$ , there exists a partition  $x_0 < x_1 < \ldots < x_n = b$  of  $[x_0, b]$  such that  $|f(x_1) - f(x_0)| < \varepsilon$  and

$$\bigvee_{x_0}^b f \le \sum_{i=1}^n \left| f(x_i) - f(x_{i-1}) \right| + \varepsilon.$$

It follows that

$$\bigvee_{x_0}^{b} f \le |f(x_1) - f(x_0)| + \sum_{i=2}^{n} |f(x_i) - f(x_{i-1})| + \varepsilon < 2\varepsilon + \bigvee_{x_1}^{b} f.$$

Hence,

$$g(x_1) - g(x_0) = \bigvee_{x_0}^{x_1} f = \bigvee_{x_0}^{b} f - \bigvee_{x_1}^{b} f < 2\varepsilon.$$

But g is an increasing function. Thus,  $0 \le g(x) - g(x_0) < 2\varepsilon$  for all  $x \in (x_0, x_1)$ . This shows that g is right-continuous at  $x_0$ . A similar argument shows that g is left-continuous at  $x_0$ .

If f is a continuous function of bounded variation on [a,b], then both g and h := g - f are continuous increasing functions. Therefore, f = g - h is the difference of two continuous increasing functions.

A function  $f:[a,b] \to \mathbb{R}$  is said to be **Lipschitz continuous** if there exists a positive constant M such that  $|f(x) - f(y)| \le M|x - y|$  for all  $x, y \in [a,b]$ . Clearly, a Lipschitz continuous function on [a,b] is of bounded variation.

If f is a continuous function from [a, b] to  $\mathbb{R}$ , and if f is differentiable on (a, b) with  $|f'(x)| \leq M$  for all  $x \in (a, b)$ , then  $|f(x) - f(y)| \leq M|x - y|$  for all  $x, y \in [a, b]$ , by the mean-value theorem. Hence, in this case, f is a Lipschitz continuous function on [a, b].

# §4. Curve Length

A curve in the Euclidean plane  $\mathbb{R}^2$  is represented by a continuous mapping  $\gamma$  from a closed interval [a,b] to  $\mathbb{R}^2$ . Suppose  $\gamma(t) = (\gamma_1(t), \gamma_2(t))$  for  $t \in [a,b]$ , where  $\gamma_1$  and  $\gamma_2$  are real-valued continuous functions on [a,b]. Let  $P := \{t_0, t_1, \ldots, t_n\}$  be a partition of [a,b], that is,  $a = t_0 < t_1 < \cdots < t_n = b$ . Let

$$L(\gamma, P) := \sum_{j=1}^{n} \sqrt{[\gamma_1(t_j) - \gamma_1(t_{j-1})]^2 + [\gamma_2(t_j) - \gamma_2(t_{j-1})]^2}.$$

The **length** of the curve  $\gamma$  is defined to be

$$L(\gamma) := \sup\{L(\gamma, P) : P \text{ is a partition of } [a, b]\}.$$

If  $L(\gamma) < \infty$ , then  $\gamma$  is said to be **rectifiable**.

**Theorem 4.1.** A continuous curve  $\gamma = (\gamma_1, \gamma_2) : [a, b] \to \mathbb{R}^2$  is rectifiable if and only if  $\gamma_1$  and  $\gamma_2$  are of bounded variation on [a, b].

**Proof.** Suppose that  $\gamma_1$  and  $\gamma_2$  are real-valued functions of bounded variation on [a, b]. Let  $P := \{t_0, t_1, \dots, t_n\}$  be a partition of [a, b]. Then

$$L(\gamma, P) = \sum_{j=1}^{n} \sqrt{[\gamma_1(t_j) - \gamma_1(t_{j-1})]^2 + [\gamma_2(t_j) - \gamma_2(t_{j-1})]^2}$$

$$\leq \sum_{j=1}^{n} |\gamma_1(t_j) - \gamma_1(t_{j-1})| + \sum_{j=1}^{n} |\gamma_2(t_j) - \gamma_1(t_{j-1})| \leq \vee_a^b \gamma_1 + \vee_a^b \gamma_2.$$

Hence,  $\gamma$  is rectifiable.

Conversely, suppose that  $\gamma$  is rectifiable. Then for any partition  $P:=\{t_0,t_1,\ldots,t_n\}$  of [a,b] we have

$$\sum_{j=1}^{n} \left| \gamma_k(t_j) - \gamma_k(t_{j-1}) \right| \le L(\gamma), \quad k = 1, 2.$$

Consequently,  $\gamma_1$  and  $\gamma_2$  are of bounded variation on [a, b].