



Fall 2022 HealthyU Essentials

Protecting campus and
supporting community,
together.

September 2022



UNIVERSITY
OF ALBERTA

Before coming to campus



Boost your protection: In Alberta, everyone 18 years+ can get a fourth dose COVID-19 vaccination 5 months after their third dose. Book online, call 811, or visit a walk-in clinic.



Do a daily health check: If you're feeling sick -- with COVID-19 or other communicable symptoms -- stay home, notify your supervisor or instructor, and follow public health advice.



Stay informed, and if needed seek support: Visit the Campus Life student web hub for quick access to U of A campus support and service essentials.



Be prepared: Familiarize yourself with sick processes for missed academic requirements and campus emergency information and procedures.

While on campus



Use a mask: Face masks are not required, but are strongly recommended on U of A campuses -- especially in high-traffic and high-capacity areas.



Practice good hygiene: Wash or sanitize your hands before and after touching surfaces. Practice good cough and sneeze etiquette.



Make space whenever possible: Respectful physical distancing and smaller groups are encouraged whenever possible.



Be patient: Don't overcrowd shared or enclosed spaces like elevators, washrooms, and hallways.

Respect the personal health decisions of those around you.

I'm sick, now what? Steps for students

By taking care of yourself today, you'll be in better shape to accomplish your goals tomorrow.

1. Stay home, take care of yourself, and keep your community healthy.
2. Evaluate your symptoms. If you need to, seek medical attention.
3. Contact **[INSERT SPECIFIC COURSE INFO]**.
4. Connect with academic accommodations and wellness services for any required support.
5. Keep your instructor advised of when you will be well enough to return to class.

Note:

- Absences are only excused for acceptable reasons, such as mental and/or physical illness, severe domestic affliction, or religious beliefs. A declaration may be required as determined by the instructor or faculty.
- U of A students are not required to provide signed doctor notes to instructors or the university.
- COVID-19 test results are also not required by U of A instructors or the university.

More information

[Campus Life in Fall 2022](#)

[What to do when you are sick \(students\)](#)

[Attendance Regulations \(University Calendar\)](#)

[COVID-19 info for U of A community](#)

Key Support Resources

[Add faculty or program specific support contact as applicable]

[Wellness Supports Team](#)

[Academic Success Centre](#)

[Student Service Centre](#)

[Office of the Dean of Students](#)

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