

# Provincial Conservative Kidney Management (CKM) Pathway

## Living Well Without Dialysis

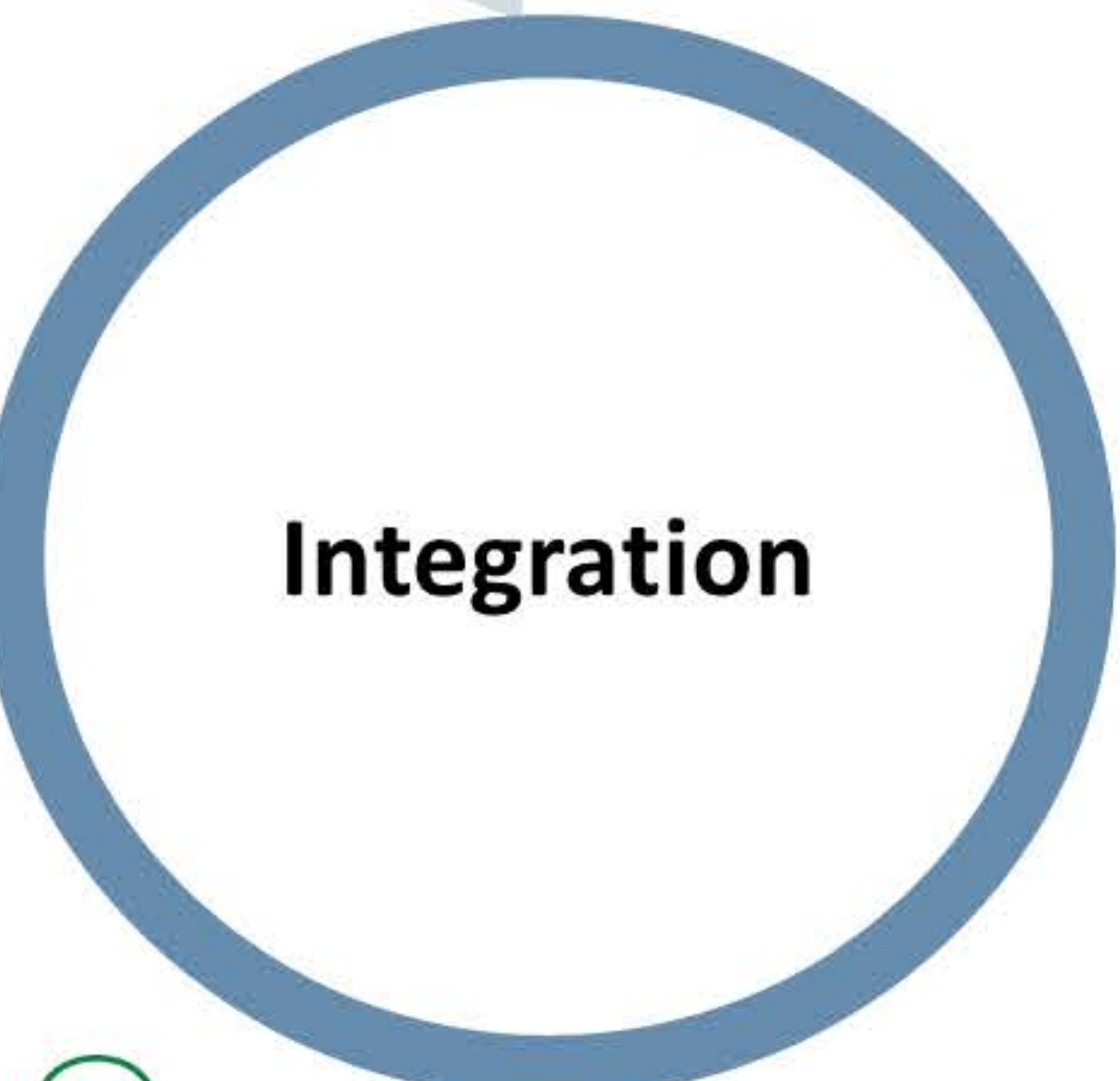
**Background:** Patients over 75 years are the most rapidly growing group starting dialysis. Frail elderly patients managed conservatively (without dialysis) may live as long as patients who elect to start dialysis, with better preservation of physical/cognitive function and quality of life, no burden associated with the dialysis procedure, fewer admissions to acute care settings, and can remain in their home communities.



*“Excellent to know there was such a variety of participants - especially 'different' health care workers. EVERYONE shared common goal of improving the system. Wonderful to behold! Makes one optimistic for the future!”*

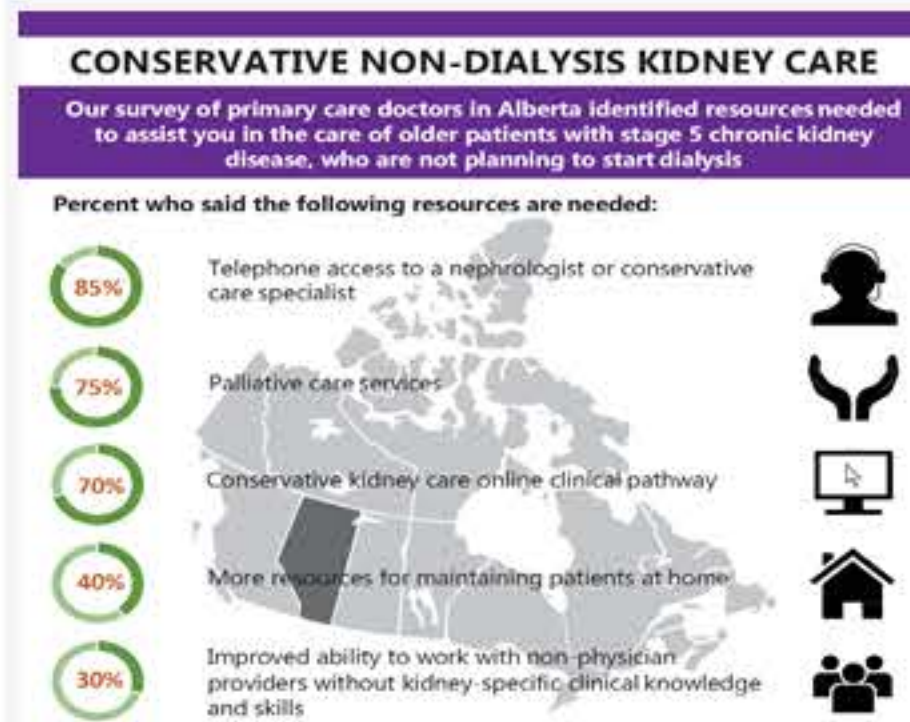
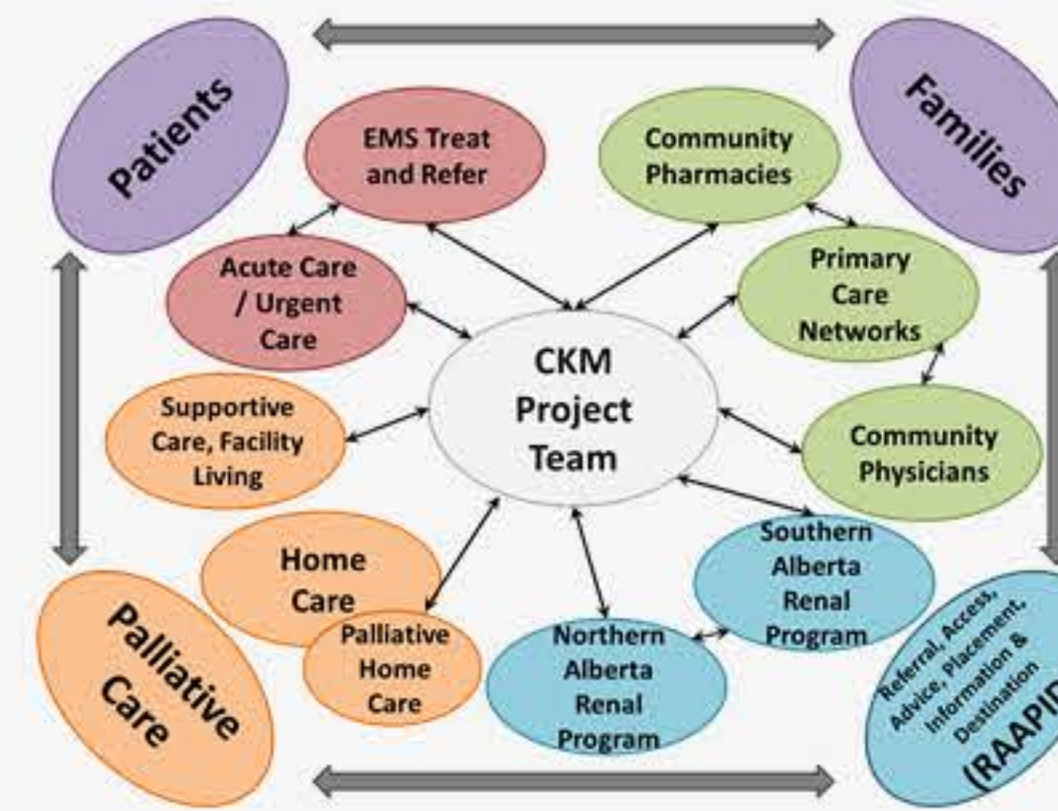


*“I learned about the gaps in service that I was previously unaware of. I feel that areas for improvement were identified which is the first step to making changes.”*



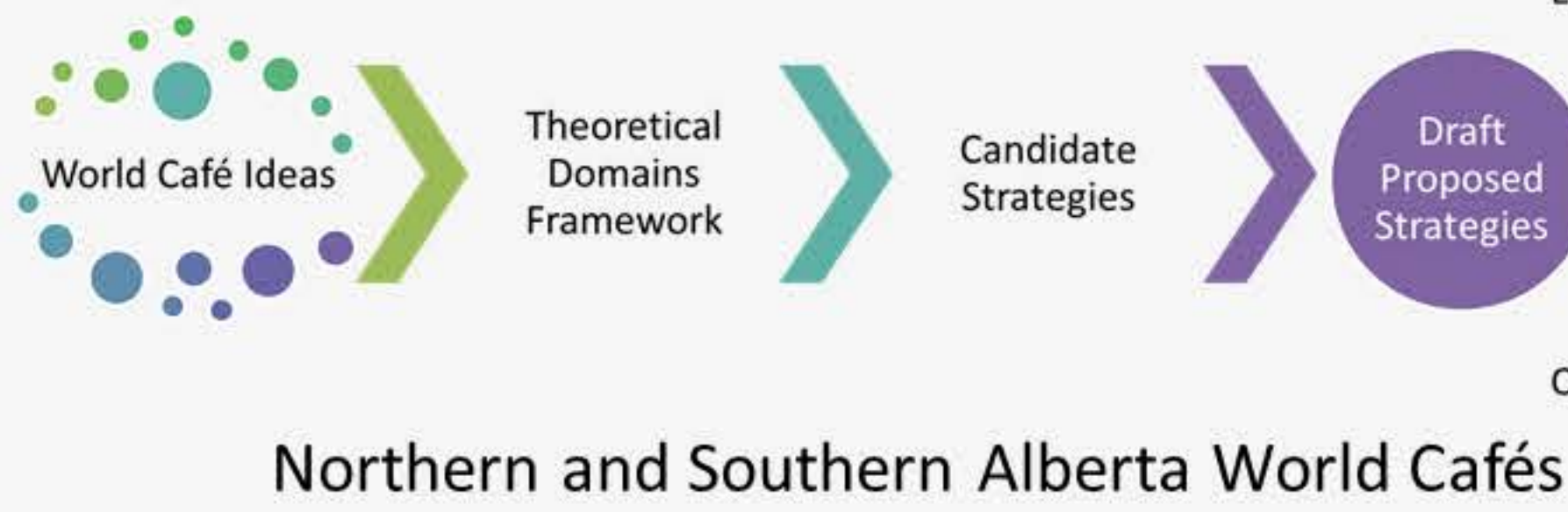
### Broad Engagement of Community Partners

Stake holders, including patients and families, from across Alberta identified current challenges, enablers, and opportunities to providing excellent care for patients who choose conservative kidney care.



General Practitioner Surveys

The input was used to support the development, implementation, and evaluation of the CKM pathway



Northern and Southern Alberta World Cafés

We listened, the following consult services are available to help you care for your conservative kidney patients:

Telephone access to conservative kidney care specialists:  
Southern Alberta: 1-403-955-6534  
Urgent Consults - Northern Alberta RAAPID: 1-800-282-9911

Palliative care services in Alberta:  
myhealth.alberta.ca/Palliative-Care

Conservative kidney care online clinical pathway:  
www.ckmcare.com

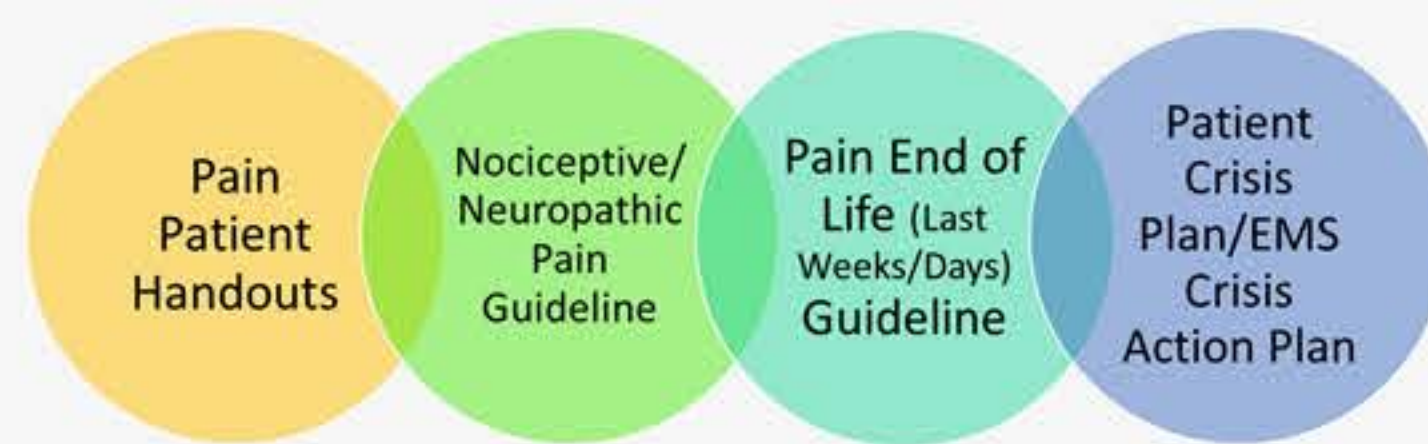
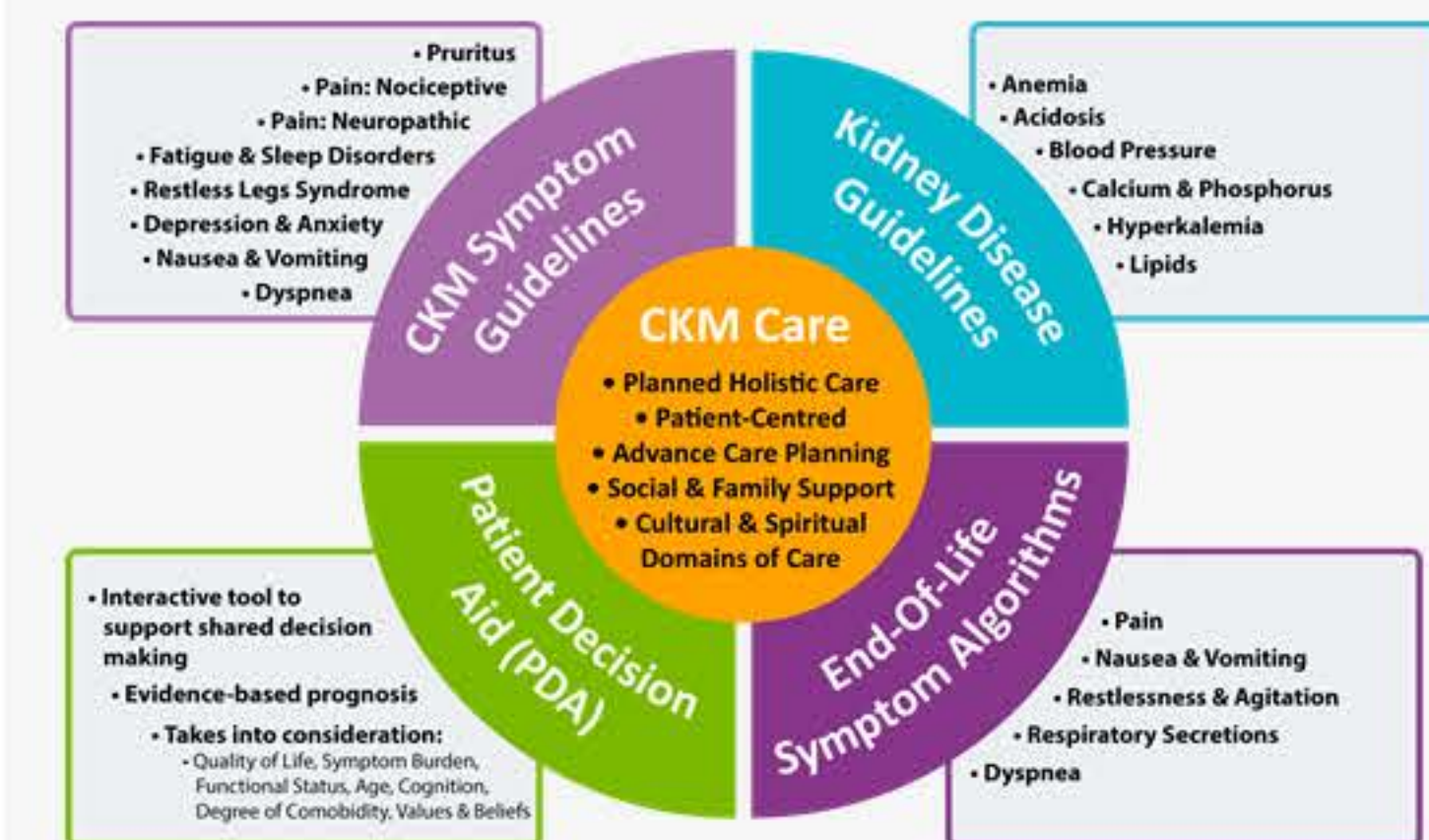
Results

### Conservative Kidney Management Pathway



The Kidney Supportive Care Research Group, in partnership with the Kidney Health SCN, launched a provincial conservative kidney management (CKM) pathway in September 2016. The “mobile first”, interactive web-based tool empowers communities, families / patients and clinicians to help guide individualized integrated care plans.

The following resources are available to patients, families and health care providers on the freely accessible online clinical pathway website and from Data Group.



Eg. Pain Resources



### Collaborative CKM Pathway Implementation

Our Collaborative brought people together to accomplish improvement on Conservative Kidney Management. Learning Workshops were held a few months apart. In between the Workshops, participants were engaged in Action Periods, which involved testing best practice ideas in clinic and community settings.



#### Continued Engagement

- Grand Rounds
- Provincial Telehealths/Road Shows
- Cross Training
- AHS Innovation Marketplace
- AHS Practice Wise

#### Ongoing Evaluation

- Monthly Meetings with Pilot Clinics
- Focus Groups
- Patient Interviews
- Annual Pathway Updates

#### Future Directions

- Patient and Family Advisor Engagement
- CKM eReferral Consultations
- Connecting with Primary Care Networks across Alberta
- Broader Implementation of the CKM Pathway across the Province and Nationally
- Modeling Other Chronic Diseases in the Elderly
- Knowledge Translation through Patient Videos