

Quick Guides to the Health Professions

Acupuncturists

What is a acupuncturist?

Acupuncturists practice acupuncture, which applies the theories of Traditional Chinese Medicine. They use methods with their own theoretical foundation, diagnosis methods, treatment principles and modalities, and standards of competence and practice in order to care for and treat patients.

What do acupuncturist do?

Acupuncturists insert ultra-fine needles into acupuncture points on the body using specific techniques in order to treat and prevent diseases as well as to improve body function. Acupuncture is used to treat a wide range of health symptoms and issues such as nausea, trauma, insomnia, addiction, fatigue, hypertension, stress, infertility, hypothyroidism, hearing problems, Carpal Tunnel Syndrome, sciatica, and tennis elbow.

Where do acupuncturist work?

Acupuncturists work in offices and treatment clinics.

Education and preparation

Acupuncturists are required to complete a minimum of a 3-year program in acupuncture education as well as complete the Alberta Acupuncturist Registration Examination which includes both written and practical components.

Licensure

Acupuncturists must be registered with the College & Association of Acupuncturists of Alberta in order to practice in Alberta.

Professional organizations

College & Association of Acupuncturists of Alberta

<http://acupuncturealberta.ca/>

Contributors to this guide

College & Association of Acupuncturists of Alberta

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