

Interprofessional Competencies Self-Assessment



Use this worksheet to assess your skills in the core interprofessional (IP) competencies, based on your performance in various team activities (e.g., team meetings, discussions, simulations, group assignments, the TOSCE, and the team presentation project). Mention specific examples whenever possible. There are no right or wrong answers. You don't need to hand this in, but you can use your notes from this worksheet to guide you in writing your final reflection.

<p>Communication: Communication skills that enhance IP team function. Consider your skill at:</p> <ul style="list-style-type: none"> • Using appropriate non-verbal communication. • Adapt to the communication needs of your listener. • Managing conflict. • Giving, receiving, and integrating feedback. 	
<p>Collaboration: IP team process skills that achieve common goals. Consider your ability to:</p> <ul style="list-style-type: none"> • Identify and use team functional roles (e.g., initiator, recorder, etc.). • Negotiate shared goals with your team and the patient. 	
<p>Role Clarification: Understanding one's own role and the roles of others in an IP context. Consider your understanding of:</p> <ul style="list-style-type: none"> • Your professional role and the roles of others. • Professional role overlap and boundaries within IP teams. • How to negotiate the role of the patient, family, and community in providing care. 	
<p>Reflection: Critical evaluation of professional and team practice in an IP context. Consider your ability to:</p> <ul style="list-style-type: none"> • Reflect on your individual and team performance in order to improve your IP practice. • Integrate feedback to improve your IP practice. • Integrate educational resources, professional literature, and life experiences to improve your IP practice. • Analyze organizational factors that impact your IP practice. 	