

Final Exam EDPY 442 A1

- Date: Wednesday Dec. 12, 2007
- Time 2-4
- Location: HC L 1
- 35% of final grade
- 80 multiple-choice questions
- Covers chapters 4,8,9,15,16,18,&19 in textbook and all lecture content
- Don't forget to bring your ONE card for ID

Final Grades

- Will be determined by combining the two taping assignments, mid-term, and final examination scores based on their relative percentage weights to obtain a total score out of 100. Students will subsequently be ranked in order of total scores and a letter grade will be assigned so that the class average is consistent with the University-suggested mean for a 400 level course, which is approximately a B

Study Tips

- ALL text content is examinable except:
 - names of specific American associations
 - American statistics and specific dates
 - omitted text sections
- Content discussed in the lectures that does not appear in the text is examinable particularly Canadian specific research and trends
- Concepts that are discussed in the text chapters but not covered in class are also examinable
- Concepts that are discussed both in the text and in lectures notes are more likely to appear on the exam
- More emphasis will be placed on chapters 4,8,9,15, & 16 in the text

Chapter Omissions (text)...

- **Chapter 4-** section on “International Counselling” – *pg. 98*
- **Chapter 9** – section on “Systems Theories”- *pg. 224-231*
 - * Note: is covered in the family and couples counselling lecture notes
- **Chapter 15** – section on “Associations, Education, and Research” *pg. 381-383*
- **Chapter 18-** section on “Affiliation, Certification, and Education of Substance Abuse Counsellors” *pg. 457-458*
 - section on Treating Work Addiction” and “Women and Cultural Groups in Substance Abuse Treatment” *pg. 462-463*
- **Chapter 19-** section on Private Practice as a Speciality” *pg. 484-485*

Sample Exam Questions

- Which of the following techniques originated with the work of Sigmund Freud?
 - a) Free association
 - b) Catharsis
 - c) Hypnosis
 - d) Insight

Sample Question:

- Behaviour theories of counselling are_____.
 - a) Especially popular in institutional settings
 - b) Useful in addressing difficulties associated with anxiety, stress, and assertiveness
 - c) The choice in working with clients who have specific problems such as eating disorders or substance abuse
 - d) All of the above

Sample Question:

- Two concepts emphasized by the narrative family counselling approach are _____.
 - a) Miracle questions and exceptions
 - b) Reauthoring and externalizing
 - c) Utilization principle and homework
 - d) Structure and reframing

Sample Question:

- Family environments where members are undifferentiated or overly dependent on each other are referred to as _____.
 - a) Triangulated
 - b) Nonsummative
 - c) Enmeshed
 - d) Configured

Sample Question:

- School counselling is unique in its emphasis on _____.
 - a) Remediation
 - b) Discipline
 - c) Prevention
 - d) Parental involvement

Sample Question:

- One of the most prevalent factors affecting treatment for substance abuse is _____.
_____.
- a) Motivation
- b) Matching
- c) Dual diagnosis
- d) All of the above

Thank you for a wonderful term. All the very best on your final exam. Happy holidays.

