

Come Ski the Trails in St. Paul!

The St. Paul club has been re-energized as of about 2 years ago largely through the help of the Healthy Communities Initiative and all the volunteer efforts of the avid skiers involved.

Our trail system, so far, consists of about 12 km of regularly groomed trails about 4 miles north of St. Paul at a private landowner, the Cooknells, situated in a beautiful pristine mixed conifer and deciduous forest with interconnected trails a fire pit supplied with wood...picnic table and ski rack.

The trails themselves consist mainly of easy to intermediate terrain, with moderate but not long hills. There are a few more difficult hills but these are well marked on the maps both at the trailhead and on the trails themselves. The trail signs are at trail intersections and are on the north side of the trails, up on the map being north of course.

In addition to these trails we also maintain a skate and classic loop at the St. Paul Golf Club located at the West end of town for those quick ski breaks while in town.(about 2km).

Our club has about 100 members and growing, is a member of CCA, puts on wax and ski clinics (classic and skate).

St Paul boasts its UFO landing pad and has a full line of services, recreational, and dining. In addition to our trails there is of course through members many other maintained trails in the area and we are about 50 minutes from Vermilion, Beckie Scott Country and 50 minutes from Bonnyville Winter Games 2010, so a weekender out here in the Lakeland should not be boring.

We have a website <http://www.lakelandxski.ca> so you can keep current with trail conditions etc. Feel free to have a ski at our trails and if you come often, support our club by buying a membership. Our directors are more than happy to go on a ski if they are free - contact us!

Wayne Krekoski

