

whereas predictors based on interval data are usually analyzed with a regression model. Yet, the choice is more a matter of convenience than of principle, given the close link between the two. Cohen and Cohen (1983) and Pedhazur (1982) describe how an analysis of variance can be seen as a regression analysis; the independent variables of an analysis of variance are the predictors of a regression analysis. The significance tests of the regression coefficients in the regression analysis (which are *t* tests) yield similar results as the significance tests of the analysis of variance (*F* test). Specifically, the squared *t* values of the regression statistics are equal to the *F* ratios of the analysis of variance.

Regression analyses can be used to identify relationships that hold both within and across cultures, which are actually structure-oriented issues. This approach is illustrated with two variables (*X* and *Y*). The first step in this technique is to obtain a pan-cultural regression equation of *Y* on *X*, in which data from all cultures are included. In the second step, culture is added as a dummy variable, and another regression analysis including *X*, the dummy variable, and the interaction of *X* and the dummy variables as predictors, is carried out. The multiple correlations of the two equations are then tested for equality. If there is no significant difference between these two multiple correlations, it is concluded that the relationship holds within each culture and across all cultures. In other words, the regression weights and the intercepts of the equation are similar in all cultures. A significant difference of the two multiple correlations points to the presence of intergroup differences on the dependent variable not explained by *X*. For an elaboration of this approach, see Leung (1987) and Poortinga and Van de Vijver (1987).

When more than one dependent variable is involved, covariance structure analysis employing models such as LISREL and EQS becomes appropriate. The basic idea is to test whether the interrelationships of the variables are similar in different cultures. For instance, confirmatory factor analysis involving two or more cultures is frequently conducted to see if a factor structure is similar in different cultures (e.g., De Groot, Koot, & Verhulst, 1994; Leung et al., 1992; Marsh & Byrne, 1993; Sachs, 1992; Watkins, 1989). The reader is referred to Poon, Chan, Lee, and Leung (1993) for a method to compare the equivalence of a covariance structure in a large number of cultures.

Multilevel analysis is another procedure that can be used to address both level- and structure-oriented issues (Bock, 1989; Bryk & Raudenbush, 1992; Goldstein, 1987; Lee, 1990). Even though these procedures have not been applied in cross-cultural research, their potential value is obvious. At least two levels of analysis are possible in cross-cultural research (e.g., Leung, 1989; Leung & Bond, 1989). In the culture-level approach, culture is the unit of analysis, and the results obtained are characterizations of cultures, but not individuals. The classic study on values by Hofstede (1980) is based on this approach. There is no assumption with regard to whether relationships found across cultures will hold within each of the cultures included in the analysis. Culture-level analyses can guard against the ecological fallacy, the incorrect application of culture-level characteristics to individuals. When a culture is known to be individualistic, the mean score on a scale of individualism will be higher than in a collectivistic culture, but it does not mean

that each person has a high score on individualism. Furthermore, cross-level inferences can be fallacious because of a difference in meaning of constructs at individual and cultural levels. Gender at the individual level can have two values, male and female; an aggregated gender score at the cultural level refers to the proportion of males and females in a group, which is quite a different concept.

In the individual-level approach, the individual is the unit of analysis, and this is the dominant approach in cross-cultural psychology. The relationships between variables at individual and cultural levels need not be equal (cf. Ostroff, 1993). Yet, it is more elegant theoretically to demonstrate their equality. An example can be found in "subsystem validation," in which "hypotheses are examined both intraculturally and cross-culturally, so that explanatory variables may be tested at two levels" (Berry & Dasen, 1974, p. 19). The objective of this approach is to establish that the relationships among a set of variables hold within a culture as well as across cultures. For instance, in the classic study by Segall, Campbell, and Herskovits (1966), it was found that when a culture is associated with a more "carpentered" environment (more corners formed of intersecting planes perpendicular to each other), people from this culture are more susceptible to geometric illusions. This finding explains why one cultural group is more susceptible to geometric illusions than another cultural group. Their findings also imply that if a person is exposed to a more carpentered environment, he or she is more susceptible to geometric illusions. Thus, their findings are able to explain cultural differences as well as individual differences in susceptibility to geometric illusions.

### **Statistical Tests of Cross-Cultural Differences: Structure-Oriented Techniques**

Cross-cultural psychologists are often interested in a comparison of the *structure* underlying the data rather than a direct comparison of the observed variables as discussed in the previous section. For instance, much research has been devoted to the question of whether the structure of intelligence is universal. Do the same cognitive processes contribute to test performance in different cultural groups? These questions have probably their intellectual roots in the notion of the psychic unity of humankind (Tylor, 1871), which can be interpreted as the idea that the structure behind human behavior is universal.

While multivariate statistical techniques are often applied in structure-oriented analysis, ANOVA or *t* tests are commonly applied when the independent variables are discrete. The focus is here to evaluate whether the differences of the dependent variable across the various levels of the independent variable are similar or different in each culture. For instance, Buss (1989) applied *t* tests to examine mate preferences of males and females in 33 cultures. He confirmed hypothesized gender differences in mate preferences in the cultures studied.

The similarity of psychological structure has been studied mostly by means of factor analysis (Harman, 1976; McDonald, 1985). Like regression analysis, factor analysis postulates that an observed score is a weighted sum of a usually limited set of contributing factors. Unlike in regression analysis, however, the

contributing factors are not observable in factor analysis. An observed score, for example, an intelligence test score of a person, is a weighted sum of unobservable factor scores, such as reasoning ability, perceptual speed, and memory, which in turn are determined by subtests of the intelligent test. Based on the intercorrelations of the subtests, factor analysis determines the score of each person on the factors and the correlations of the subtests with the factors, the so-called factor loadings. We will not dwell upon the classical problems of factor analysis here, which include the determination of the number of factors and the rotation problem, because these problems are inherent to factor analysis and not unique to its cross-cultural applications.

When factor analysis is applied to cross-cultural data, one major question to be considered is the (lack of) similarity of the factor analytic solution across the groups. The question amounts to a check on the equality of the factor loadings. Do the instruments (tests, items, and observational measures) have the same correlations with the factors in each cultural group? The equality of the factor loadings is sometimes visually checked, which is a questionable practice as more powerful procedures exist.

Such a procedure starts with a so-called target rotation (e.g., McDonald, 1985). Factor analytic solutions can be freely rotated (the rotation problem). This subjectivity is usually "solved" by applying a rotation procedure such as Varimax. However, independently obtained factor loadings (no matter whether they are rotated by Varimax or any other rotation procedure) may be more similar than a visual inspection may suggest. The factor loading matrices may be rotated to each other in order to maximize their agreement. This is a legitimate procedure because of the arbitrariness of factor analytic solutions. In a target rotation the axes are rotated in such a way that the agreement between the sets of factor loadings is optimized. One of the groups is arbitrarily chosen as the target to which the factor loading matrices of the other groups will be rotated.

After having rotated the factor loadings, their similarity can be evaluated in a factor by factor comparison by means of a coefficient of agreement. The most often used coefficient of agreement has been developed by Tucker (1951); it has become known as *Tucker's coefficient of agreement* and also as proportionality coefficient (Zegers & Ten Berge, 1985). The coefficient is comparable to a correlation coefficient, the only difference is that, unlike a correlation coefficient, the coefficient of agreement is sensitive to a constant that is added to one of the variables. As an alternative to the coefficient of agreement, the identity coefficient can be proposed that is sensitive to any linear transformation (Zegers & Ten Berge, 1985). The coefficient is defined as

$$c_{xy} = \frac{2 \sum x_i y_i}{\sum x_i^2 + \sum y_i^2},$$

in which  $x_i$  and  $y_i$  represent the factor loadings in the two groups. As a rule of thumb, values of the identity coefficient lower than .90 are taken to point to a lack of agreement and values higher than .95 are seen as evidence for the similarity of the factor matrices.

Other procedures have also been developed to evaluate the agreement of factor analytic solutions across groups. Thus, equivalence of the Eysenck personality scales (e.g., Eaves, Eysenck, & Martin, 1989; Eysenck & Eysenck, 1983) has often been studied employing a procedure proposed by Kaiser, Hunka, and Bianchini (1971). There has been some debate as to whether procedures such as those proposed by Kaiser et al. (1971) or by Tucker (1951) are sufficiently powerful to detect item bias. Using simulated data, the critics (e.g., Bijnen, Van der Net, & Poortinga, 1986; Van de Vijver & Poortinga, 1994) have shown that values well over .90 can be obtained when in fact there are items with dissimilar loadings across groups. So, caution is required because these agreement indices sometimes do not reflect the influence of nonequivalent items.

Multidimensional scaling procedures have also been employed to compare the structure of cross-cultural data sets. An example can be found in the work of Schwartz (e.g., Schwartz, 1992, 1994; see also Endler, Lobel, Parker, & Schmitz, 1991; Russell, Lewicka, & Niit, 1989). Multidimensional scaling attempts to reproduce the distances between stimuli (such as test or item scores or behavioral measures) in a small number of dimensions. To compare multidimensional scaling solutions obtained in different groups, the technique has the same rotational problem as factor analysis. Distances between stimuli are not affected by (orthogonal) rotations of the axes. Consequently, configurations of such analyses as obtained in different cultural groups have an arbitrary spatial orientation. Target rotations have to be applied prior to an evaluation of the agreement of the solutions; when such rotations are not carried out, the agreement will be underestimated. The procedure of carrying out target rotations and computing an index of agreement of the solutions described above for factor analysis also applies here. No empirical applications of target rotations following a multidimensional scaling procedure are known to the authors.

Cluster analysis is another technique that aims to reduce a large set of correlations or distances to a smaller number of dimensions or factors. However, although this technique is suitable for cross-cultural research, it has not been used much in the cross-cultural literature.

The final techniques to be discussed here have also been mentioned in the discussion of level-oriented techniques, namely the analysis of covariance structures or linear structure models, which analyzes the covariance matrix of a set of measures (Bollen, 1989; Byrne, 1989). Two common computer packages for covariance modelling, namely LISREL (Byrne, 1989; Jöreskog & Sörbom, 1993) and EQS (Bentler, 1992; Byrne, 1994), can be used to analyze multigroup data. Several applications of linear structure models in cross-cultural research can be envisaged, including confirmatory factor analysis and the analysis of multitrait-multimethod (or monotrait-multitrait) matrices for assessing method bias. Confirmatory factor analysis is a versatile tool for testing cross-cultural differences in covariance structures. Compared to the classical factor analytic procedures described above, confirmatory factor analysis allows for the test of a large set of hierarchically linked hypotheses of cross-cultural invariance. The analyses usually consist of two series. The first analysis tests whether the covariance matrix of the measures is the same for all cultural groups. Fit tests play an essential role in

covariance structure analysis. Unfortunately, fit tests in LISREL and EQS are not easy to interpret. The overall goodness-of-fit index is a chi-square distributed variable that is known to be sensitive to sample size; in large samples small inter-group differences in the covariance matrix will yield a significant value. Various fit measures have been developed that are less dependent on sample size (Bollen & Long, 1993).

If the null hypothesis is not rejected, it is highly likely that the psychological structure underlying the performance is identical across cultural groups. If the hypothesis of equal covariance matrices has to be rejected (which is usually the case), the second series of hypothesis testing will start. The second series consists of a set of hierarchically nested models that successively increase the number of equality constraints across groups. The choice of the models is free, but the order specified here (as well as in various other sources; e.g., Jöreskog & Sörbom, 1993; Vandenberg & Self, 1993; Van de Vijver & Harsveld, 1994) usually follows a theoretically relevant sequence. The first analysis of the second series specifies an equal number of factors in each group. The specification of the number of factors should be based on preliminary analyses or on earlier research findings. If the hypothesis of an equal number of factors has to be rejected, an exploratory factor analysis can be carried out to investigate the reason for the lack of fit; for instance, factors may have split up or merged in various cultural groups. If this is the case, the analyses may proceed with different numbers of factors across groups. A total lack of correspondence of the factors, after the possibilities of split and merged factors have been explored, would point to a small overlap in the psychological meaning of the instrument across the groups. Such a lack of correspondence can be expected for statistical reasons when many correlations in one or more groups are close to zero. The input variables of the factor analysis (item scores, test scores, etc.) are then largely independent of each other and the use of any multivariate technique should be strongly questioned.

The second step of the second series will test whether the matrix of factor loadings can be considered equal across the cultural groups. A set of factor loadings have to be left free in the first group; the values in the other groups are constrained to have the same values as the factor loadings in the first group. This will again yield various fit indices, among which are incremental fit indices. Because this model is subsumed in the previous model (stating an equal number of factors), the difference in the chi-square fit indices of the two models can be interpreted meaningfully: the difference in chi-square values follows a chi-square distribution with a number of degrees of freedom that is equal to the difference of the number of degrees of freedom of the two models. Acceptance of the hypothesis points to the equality of the composition of the latent factors across the groups. Rejection of the hypothesis provides evidence that the psychological structure underlying the data is dissimilar across the cultural groups. A better fit may be found when only a subset of the factor loadings are set equal to each other across cultural groups. If this is the case, subtle differences in the psychological structure have been observed. If an acceptable fit of a model specifying equal factor loadings is found, constraints can be added, such as equality of the covariance

matrices of the latent factors in all groups. The study of the fit of hierarchically nested models provides a flexible tool to analyze covariance structures. It can be used to detect smaller or larger differences in psychological meaning of measurement instruments across cultural groups. For an example of confirmatory factor analysis in cross-cultural psychology, the reader is referred to Watkins (1989).

Covariance structure analysis can also be employed for causal modelling. A set of variables, either consisting of observed variables or of a combination of observed and latent (i.e., unobservable) variables, are assumed to have *a priori* specified antecedent-consequence relationships. The model can be based on theoretical expectations or an earlier exploratory study. In some cases the exploratory study and the test of the causal model are derived from random splits of the same sample; the model is then developed on half of the data and cross-validated in the other half. An example of a cross-cultural application of a causal model can be found in Van Haaften and Van de Vijver (in press). The number of applications of causal modelling in the cross-cultural literature is limited (cf., however, Little, Oettingen, & Baltes, 1995; Little, Oettingen, Stetsenko, & Baltes, 1995), but given its flexibility and usefulness, its use is recommended.

Covariance structure analysis can also be used to assess method bias, either in a test-retest design or in a monotrait-multimethod approach. In the latter case all methods that are employed (observed variables) load on the same latent factor(s). LISREL and EQS allow for a test of the similarity of the loadings of the methods across the two groups.

Finally, it should be pointed out that the distinction between level- and structure-oriented techniques is not strict in some statistical techniques. In regression, multilevel, and covariance modelling techniques, the differentiation between level- and structure-oriented questions is quite subtle. For instance, suppose that educational achievement is predicted on the basis of a set of aptitude tests in two different cultures and equality of regression lines is tested. Similarity of regression coefficients involves structural relationships whereas equality of the intercept would refer to level-oriented relationships. The same applies to multi-level models that can tackle both level- and structure-oriented questions. In empirical applications of covariance modelling there tends to be an emphasis on structural relationships. However, the models are sufficiently flexible to deal with inter-group differences in averages as well. In sum, the designation of regression and multilevel models as level-oriented and covariance modelling as structure-oriented is more inspired by their common usage than by theoretical characteristics of these models. They could as well be seen as hybrid models.

#### Four Common Types of Comparative Studies

In the remainder of the chapter we shall make a distinction between four types of cross-cultural studies, depending on whether the orientation is exploratory or hypothesis testing, and on whether or not contextual factors are considered (see Table 7-2).

TABLE 7-2 Common types of comparative studies

	Orientation	
	Hypothesis testing	Exploration
Consideration of contextual factors	Generalizability	Psychological differences
No		
Yes	Theory-driven	External validation

The first two types emphasize hypothesis testing. The first kind of studies, *generalizability studies*, attempts to establish the generalizability of research findings obtained in one, typically Western, group to other Western or non-Western groups. In general, these studies make little or no reference to local cultural elements.

In the second type, called *theory-driven studies*, cultural factors are part of the theoretical framework. Cultural variation is deliberately sought as a validation of the model, and specific *a priori* predictions are proposed and tested. The framework is tested by sampling various cultures that differ on some focal dimension. Theory-driven studies test a theory about a particular relationship between cultural variables and a psychological outcome. Contextual elements are crucial in this type of studies.

Hypothesis testing receives little emphasis in the following two types of cross-cultural research. The first type, *psychological differences studies*, is probably most common in the literature. A measurement instrument is applied in at least two cultures and the researcher is interested in whether there are any differences in averages, standard deviations, reliabilities, or other psychometric properties of the instrument across the cultural groups. Usually, the original instrument has been applied before in a Western context, and an application of the instrument in another cultural group is thought to provide an interesting extension. There is often no compelling theory about the nature of the cross-cultural differences to be expected. Contextual factors are typically not included in the design, and post hoc explanations are invoked to interpret the cross-cultural differences observed.

The last type of cross-cultural research refers to what has been called *external validation*, which attempts to explore the meaning and causes of cross-cultural differences with the aid of contextual factors. In this type of studies, specific *a priori* hypotheses are absent and usually a large set of contextual variables are included in an exploratory manner. Only a few statistical techniques have been applied in external validation studies. Regression analysis is the most frequently applied technique, which assesses the effectiveness of independent variables in explaining cross-cultural variations in the dependent variable. This kind of validation does not address structural or scalar equivalence, but aims at providing evidence for a particular interpretation of cross-cultural differences.

Poortinga and Van de Vijver (1987) have outlined a general procedure for external validation with the inclusion of covariates. The procedure presupposes

that data (tests, observational instruments, interviews, surveys, etc.) are collected in at least two cultural groups. Data should also be collected on additional variables, termed *context variables*, that are likely to be able to explain cross-cultural differences that may be obtained. The data analysis starts with an analysis of variance to test the null hypothesis of no cultural differences. In the next analysis context variables are introduced; they are used as covariates in an analysis of covariance or as predictors in a regression analysis. In terms of an analysis of variance, the main effect of culture is tested twice; the first analysis tests group differences before correction for context variables; the second analysis tests intergroup differences in residual scores after correction. Let us call the corresponding  $F$  ratios  $F_1$  and  $F_2$ , respectively. Significant  $F$  values point to intergroup differences. A comparison of the significance of  $F_1$  and  $F_2$  can yield various possibilities. If  $F_1$  is not significant, there are no intergroup differences to be explained (even though there is still a remote possibility that the introduction of context variables could reveal significant intergroup differences). Context variables will play a central role when  $F_1$  is significant. Introduction of context variables can give rise to three possibilities. First, context variables may be unrelated to the dependent variable, in which case intergroup differences cannot be accounted for by these context variables. Second, context variables can be related to the dependent variable and intergroup differences on the dependent variable become smaller after correction, but they are still significant. In this case context variables provide a partial explanation of intergroup differences. Third, when  $F_1$  is not significant, intergroup differences can be accounted for entirely by the context variables.

It should be pointed out that internal and external validation procedures have different goals. Internal validation aims at establishing the cross-cultural equivalence of the data. The key question is to ascertain whether the scores of individuals in all cultural groups can be directly compared. In external validation procedures, scalar equivalence is assumed, and the research goal is to shed light on the meaning and interpretation of the cross-cultural differences. In other words, internal validation procedures attempt to detect and remove culturally biased items, whereas external validation procedures attempt to explore the causes of cross-cultural differences observed.

### Methods and Analysis of Four Common Types of Comparative Studies

In this section, the four types of cross-cultural studies—generalizability, theory-driven, psychological differences, and external validation—are examined with regard to the following issues: sampling of cultures and of subjects, procedure, design, analysis, and major strengths and weaknesses. See Table 7-3 for a summary. Examples from the literature will be described.

In *generalizability studies* a theory, a correlational or causal relationship, or an instrument derived from a theory is tested in another cultural context. The goal of the study is to establish the generalizability of the theory, the relationship, or

TABLE 7-3 Methods and analysis for the four common types of comparative studies

Type of study	Sampling of cultures	Design	Major analysis	Major strength	Major weakness
Generalizability	convenience	replication of original study or new study	structure techniques (e.g., correlations, factor analysis, analysis of covariance structures)	study of equivalence	no contextual variables included
Psychological differences	systematic or convenience sampling	replication of original study or new study	both level (e.g., <i>t</i> test and ANOVA) and structure techniques	"openmindedness" about cross-cultural differences	ambiguous interpretation
Theory-driven	systematic (maximize contrast on focal variable)	new study; covariates may be included	both level and structure techniques	study of relationship of cultural factors and behavior	lack of attention to alternative interpretations
External validation	systematic	measures at different levels of aggregation; covariates included	level techniques	focus on interpretation of cross-cultural differences	choice of covariate variables may be meaningless

the instrument. The cultures are often chosen on the basis of convenience sampling. Two different subject sampling schemes can be applied: random or matched sampling. Generalizability will be high when the original results are replicated and the subjects are sampled randomly. However, a lack of replicability cannot be interpreted unambiguously in random sampling. Negative findings could be due to cultural differences or to a lack of equivalence of the samples. A new data set using matched samples is then required to establish a more unambiguous interpretation. The procedure of the study usually follows the procedure of the original one; in some cases stimuli may be added to enhance the appropriateness of the instrument for the local context. The design, too, is a replication of the original one.

For replications, data analysis will consist of two parts: the first part will be identical to the analysis of the original study. Second, because the establishment of generalizability is the aim of the study, an assessment of the similarity of the original and new results is required. Factor analyses, followed by target rotation and the computation of an index of agreement or multigroup analyses of covariance structures, are to be preferred over a more informal evaluation of the similarity of the outcome. Compared to studies in which results can be contrasted with those obtained in previous studies conducted in other cultures, studies that are conducted simultaneously in a number of cultures will employ more exploratory data analyses for identifying cultural similarities and differences in the results.

The major strength of generalizability studies is their ability to test the equivalence of the results across cultures. As prior data are available with which new data sets can be compared, various hypotheses about cross-cultural differences and similarities can be investigated. A weakness of generalizability studies is that they often fail to include contextual variables. If cultural differences are found, it is often not at all clear how these should be interpreted. Furthermore, bias analyses are infrequently carried out in these studies. Thus, it is too common to take unexpected differences in item scores at face value (instead of carrying out an item bias analysis).

Most examples of generalizability studies in the literature involve studies of applications of an instrument, derived from a theory. Schwartz (1992) has collected data from various countries on the universality of the structure of human values. Irvine (1979) and Vernon (1969, 1979) have compared the structure of intelligence across cultures. A study of the choice of conflict resolution procedures (Leung, 1987) is an example of a cross-cultural study of a causal relationship. Amir and Sharon's (1987) replication of Western social-psychological studies in Israel among high school and university students is another good example of a generalizability study. Finally, there are many attempts recently to validate the big-five personality factors in a variety of cultures (e.g., McCrae & Costa, 1985; McCrae & John, 1992).

In *theory-driven studies*, cultures are often systematically sampled in order to maximize their contrast on some focal variable. The sampling of subjects requires scrutiny. The cultures in the sample will often differ in many more respects than

those intended and of interest to the researcher. As the matching of the groups on all relevant ambient variables cannot be achieved, contextual measures should be added to enhance the interpretability of the findings. The measurement instruments should assess various other variables on which the cultures differ and which could obscure the cross-cultural differences being studied. The experimental procedure used is often similar across cultures. Because theory-driven studies are usually level-oriented studies, data analysis usually involves analysis of variance or covariance. In the latter case the context variables are the covariates.

The most important strength of theory-driven studies is the explicit postulation of the relationship between cultural factors and the focal behavior, which is often considered the main goal of cross-cultural psychology (e.g., Berry, Poortinga, Segall, & Dasen, 1992). The major weakness of theory-driven studies is their lack of attention to item bias and alternative explanations for the cross-cultural differences observed.

An example of a theory-driven study without covariates is Berry's (1976; Berry et al., 1986) study of the cognitive styles of hunters and food gatherers. Cultural variations in perceptual styles, educational patterns, and societal structures are all hypothesized to be interrelated and to be functionally related to the food gathering patterns of a cultural group. An example with a covariate is Earley's (1989) study in which American subjects were found to show more social loafing (the phenomenon that people work less when they are in a group than when they have to do the same task individually) than Chinese subjects. In the study, subjects' individualism-collectivism score was measured as a covariate. After controlling for cross-cultural differences in individualism-collectivism in an analysis of covariance, the cross-cultural differences in social loafing disappeared. The covariance analysis provided strong evidence for the role of individualism-collectivism in explaining cross-cultural differences in social loafing.

Studies of *psychological differences* involve the application of a measurement instrument such as a test, an interview scheme, or an observation scale, in a new cultural context. The purpose is to explore cross-cultural differences either in the magnitude recorded by the instrument or in the structure underlying the instrument. Many articles in the *Journal of Cross-Cultural Psychology* fall into this category. For instance, Guida and Ludlow (1989) compared the test anxiety of American and Chilean school children and found that for upper and middle-class subjects, American subjects reported a lower level of test anxiety than Chilean subjects. Two post hoc explanations were then given to explain this finding, none of which was tested in the study.

Two schemes for sampling cultures are employed: systematic and convenience sampling. The subjects can be chosen freely, and as usual, a choice has to be made between matched or random sampling. The procedure will typically amount to the administration of a translated instrument in a new culture. If the instrument has been applied before, the design of the previous study will usually be replicated. Covariates are typically not included in this type of study. The statistical analysis can be based on either level- or structure-oriented techniques. Quite often both aspects are combined; evidence is first provided for the similarity of

psychometric properties (e.g., reliability analysis, factor analysis and target rotations, or analysis of covariance structures), followed by an analysis of variance or *t* test at the item level.

The strength of psychological differences studies is their "open-mindedness" about the presence or absence of cross-cultural differences, a useful strategy to explore cross-cultural differences. When no cross-cultural differences are observed, it is quite likely that neither bias nor intergroup differences exist. The weaknesses of the studies are rather severe. The occurrence of bias is usually not explored. Also, because of the absence of context variables in these studies, the interpretation of the cross-cultural differences observed is not self-evident. It is often difficult to evaluate post hoc interpretations put forward to explain the observed cross-cultural differences. Finally, "fishing" may occur (Cook & Campbell, 1979). It is common that a large number of statistical tests are conducted to test the null hypothesis of no cultural differences. Such multiple testing procedures ("fishing" for significance) can easily lead to the false rejection of the null hypothesis, and hence to incorrect conclusions about the occurrence of cross-cultural differences. Various simple remedies have been proposed in the literature, such as post hoc procedures in analysis of variance or Bonferroni procedures (e.g., Glass & Hopkins, 1984; Hays, 1994). These procedures control for Type I errors when a large number of statistical tests are performed.

*External validation studies* start from observed cross-cultural differences. These studies aim to identify an appropriate interpretation of the differences. In some cases, external validation is based on previous studies (either generalizability or psychological differences studies) in which cross-cultural differences are reported, while in other cases the observation of cross-cultural differences and external validation are combined in one study. In both cases the choice of cultures, subjects, procedure, and design are straightforward. External validation studies usually involve survey data or secondary data (i.e., data derived from other sources, such as information on national income). External validation studies may be based on various aggregation levels (cf. the section on multilevel modelling). Most frequently reported are the individual level (e.g., when a test of individualism-collectivism is administered and is used as a covariate), an intermediate level (e.g., family and school), and the cultural level (e.g., gross national product, population density). Culture-level data can be derived from various sources such as the Human Relations Area Files (HRAF files; Barry, 1980), other cross-cultural research, and yearbooks of national and international organizations such as OECD, WHO, and UNICEF.

External validation studies are either exploratory in clarifying sources of cross-cultural differences. Analysis of covariance, regression, and causal modelling are the major statistical techniques for studying external validation.

The strength of this approach is its focus on the interpretation of cross-cultural differences, an often neglected issue in cross-cultural psychology. In principle, external validation provides a refutable framework for interpretation. However, the choice of variables and the level of analysis may be arbitrary or meaningless from a psychological point of view. As an example, the distance from a

country's capital to the equator has been found to be a good predictor of various psychological test scores, for example, of cognitive tests. It is obvious that the statistical result does not convey much information about the psychological variables underlying the performance differences.

Examples of this approach can be found in the work of Bond (1991) and Williams and Best (1982). These authors first demonstrated cross-cultural differences (in health measures in Bond's study and in gender stereotypes in Williams and Best's studies). They then related the differences to a wide variety of culture-level measures, such as values, GNP, and per capita expenditure on education and health. The results obtained allow them to interpret the cross-cultural differences observed in terms of these external variables.

## Conclusion

The research question or hypothesis, method, and data analysis of cross-cultural studies are closely related. Only properly chosen methods and data analytical procedures will permit an unbiased evaluation of proposed theoretical formulations. In cross-cultural psychology, the interpretation of the meaning of research findings is crucial but evasive. Many interpretations can usually be generated to explain a cross-cultural difference, and it is often difficult to assess their validity. The best approach is to formulate a number of rival hypotheses on an *a priori* basis and design studies that are able to rule out inappropriate explanations. In our opinion, knowledge in cross-cultural psychology accumulates at an unnecessarily slow pace primarily because many cross-cultural researchers rely heavily on post hoc theorizing. This chapter is meant to encourage cross-cultural researchers to place more emphasis on methods and data analysis to improve the effectiveness of their studies. It is also hoped that the chapter will dispel the myth that methodological and statistical sophistication is an obstacle or a distraction in the research enterprise. Quite the contrary, proper methods and data analytical procedures can help clarify conceptual ambiguities, disentangle the influence of confounding variables, and rule out invalid interpretations of cross-cultural differences. Berry (1980) has stated clearly that "Cross-cultural psychology is defined primarily by its *method*" (p. 1, italic in original). Researchers who are committed to cross-cultural research should take methodological issues seriously. This chapter may facilitate cross-cultural researchers to take full advantage of the methodological and statistical procedures available for shaping their work and contributing to the advancement of the field.

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## 8

## CULTURE AS PROCESS: EMPIRICAL METHODS FOR CULTURAL PSYCHOLOGY

PATRICIA M. GREENFIELD<sup>1</sup>  
University of California, Los Angeles  
United States