

Course Description

This course is designed for general practitioners, emergency medicine physicians, internists and allied health professionals with an interest in cardiac medicine. The course provides practical 'hands-on' workshops as well as 'state-of-the-art' information on what's new and what's hot in cardiology. The faculty has been selected for their ability to convey information in a clear and enjoyable manner. A complete syllabus is provided that includes the presenter's key slides and reprints of relevant key articles.

Course Objectives

Upon completion of this program, participants will:

- Have received an update on the state-of-the-art management of acute myocardial infarction, acute ischemic syndromes and congestive heart failure.
- Be familiar with controversies associated with choosing an optimal diet for prevention of cardiovascular disease.
- Have received guidelines on the practical management of anxiety and depression in patients with cardiovascular disease.
- Received information on recent advances in cardiovascular medicine.
- Have been given the opportunity to update their practical skills in bedside diagnosis as well as in the interpretation of common cardiac diagnosis tests, such as the electrocardiogram.

Course Director

Stephen L. Archer, MD FRCPC



Professor of Medicine & Physiology
Heart & Stroke Chair,
Cardiovascular Research
Director, Division of Cardiology,
Department of Medicine,
University of Alberta

Free Offer: Enrollees in the Cardiology CME are invited to attend the Cardiac Sciences Research Day to be held at the TELUS Centre Auditorium on Friday, June 4th. Admittance to this day of clinical and basic science is free but registration is required. Featured speakers include Dr. Daniel Mark, Duke University and Dr. Bill Ghali, University of Calgary. For more information go to www.epicore.ualberta.ca

8th Annual Cardiac Sciences Research Day

Date: Friday, June 4, 2004
Location: TELUS Centre for Professional Development
University of Alberta Campus
87th Avenue & 111th Street
Time: Registration begins 0800 hrs, the day starts at 0900 hrs and the whole day ends with a reception at 1600 hrs

Front cover picture: future design of the Alberta Heart Institute

Program Saturday, June 5, 2004

0730 Registration Desk & Continental Breakfast

0800 Welcome and Introduction to the Day
■ Update of the Alberta Heart Institute
Stephen Archer

0815 – 0945 hrs
State of the Art 2004

0815 **A Canadian Atlas of Cardiovascular Disease**
■ What's happening in our province and beyond-emerging trends that will shape practice.
Michelle Graham

0845 **New Therapeutic Options In CHF**
■ What, in whom and when
Paul Armstrong

0915 **Noninvasive Imaging of Coronary Disease**
■ Will Ultrafast CT be the new cardiac Cath Lab?
Daniel Kim

0945 Refreshment Break

1015 – 1215 hrs
What's New, What's Hot in Cardiology

Chairs: Padma Kaul & Bodh Jugdutt

1015 **Implantable Defibrillators in 2004. New Evidence, New Invocations**
Shane Kimber

1032 **Cardiac Rehabilitation**
■ In the home and in the region
Bill Dafoe

1049 **Stenting the Left Main Coronary Artery**
■ Going where no cardiologist has gone before
Wayne Tymchak

1106 **Synthetic HDL**
■ Drains for coronary disease?
Gabor Gyenes

1123 **Atorvastatin and Ezetimibe**
■ New evidence and new agent in the battle to lower cholesterol
Glen Pearson

What's New, What's Hot in Cardiology continues...

1140 **What is the Best Therapy for Acute MI?**
■ Primary PCI vs. out of hospital thrombolytics vs. conventional thrombolysis
Rob Welsh

1157 **New Markers for Diagnosing Cardiovascular Disease?**
■ BNP and CRP
Evangelos Michelakis

1215 Lunch

1315 – 1515 hrs Interactive Workshops – Meet the Experts

1300 Interact with the faculty around clinically relevant cases with a practical, hands-on approach to common cardiology problems. (Choose Two to Attend)

A. Risk Stratification (Clinical, ECG and Markers) and Secondary Prevention in Acute Coronary Syndromes [Jeopardy Style Interactive Session]
Brian Sonnenberg and Gabor Gyenes

B. Cardiac Rehab and Exercise – What a GP Should Know
■ Tips and practical advice on primary and secondary prevention through exercise and diet
Bill Dafoe

C. Cardiac Examination and Auscultation for Valvular Heart Disease
■ Still our best diagnostic test?
Mant Haraphongse & Dylan Taylor

D. Management of CHF
■ Case-based discussion on common problems encountered in the management of patients with heart failure
Bibiana Cujec

Interactive Workshops – Meet the Experts continues...

E. Interpreting EKGs
■ Beyond the basics – ECG's with a "twist"
Carlos Basualdo

F. Anxiety, Depression and Cardiovascular Diseases
■ Practical tips
Jean-Michel LeMelleo

1415 **REPEAT Interactive Workshops**

1515 Refreshment Break

1530 **Nonpharmacological Treatments for Obesity: Are They Worth the "Weight?"**
■ Be it resolved that the Atkins diet should be recommended for prevention of heart disease
Bill Dafoe (Pro) vs. Stephen Archer (Con)

1630 Wrap up, Evaluations and Adjourn



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General Information

Location

TELUS Centre for Professional Development, University of Alberta Campus, 87th Avenue and 111th Street, Edmonton, Alberta; telephone 780-492-8000

Accreditation and Study Credits

The Division of Continuing Medical Education at the University of Alberta is fully accredited by the Committee on Accreditation of Canadian Medical Schools (CACMS) and the Accreditation Council for Continuing Medical Education (ACCME) of the United States to sponsor continuing medical education for physicians. This education event is approved as an Accredited Group Learning Activity under Section 1 of the Framework of CPD options for the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada. This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for 6.5 MAINPRO-MI credits.

Accommodation

Registrants must make their own arrangements for accommodation. Preferred room rates are available at the Campus Tower Suite Hotel, address 11145-87 Avenue, Edmonton, AB; telephone 780-439-6060.

Parking

Parking is available at the **Timms/Telus Centre Underground Parkade** which is a covered parkade with access to the TELUS Centre for a cost of \$2.00. You may need to either **pay the parking lot attendant or have two (2) loonies for the ticket machine**. Enter off 112th Street and approximately 88th Avenue and park in the northeast corner of parkade.

Sponsored By

The Division of Cardiology and the Division of Continuing Medical Education and Multimedia Production Services, Faculty of Medicine and Dentistry, University of Alberta, Edmonton, AB.

Reimbursement of Registration Fees (AMA)

Physicians may be eligible for **reimbursement of registration fees and expenses** to attend this course from a fund administered by the Alberta Medical Association. For more information regarding eligibility **please call the AMA 780-482-2626 or 1-800-272-9680**.

Cancellation/Refund Policy

Cancellations must be received in writing along with the original receipt of payment **before June 4, 2004** and will be subject to a \$50 processing fee. No refunds will be considered after June 4, 2004. The University of Alberta reserves the right to cancel or postpone a course due to insufficient registration, or circumstances beyond our control.

Early Registration Deadline: May 14, 2004

  **Enrollment Limited**  

Faculty – University of Alberta, Edmonton AB

Paul W. Armstrong MD FACC FRCPC

Professor of Medicine, Division of Cardiology, Department of Medicine

Carlos Basualdo MD FRCPC

Professor Emeritus, Division of Cardiology, Department of Medicine

Bibiana Cujec MD FRCPC

Associate Professor, Division of Cardiology, Department of Medicine

William Dafoe MD FACP FRCPC

Regional Director, Cardiac Rehab
Division of Cardiology, Department of Medicine

Michelle Graham MD FRCPC

Assistant Professor, Division of Cardiology, Department of Medicine

Gabor Gyenes MD PhD

Assistant Professor, Division of Cardiology, Department of Medicine

Mant Haraphongse MD FRCPC

Professor of Medicine, Division of Cardiology, Department of Medicine

Bodh Jugdutt MB ChB MSc FACC FRCPC

Professor / CIHR Distinguished Scientist, Division of Cardiology
Department of Medicine

Padma Kaul PhD

Assistant Professor, Division of Cardiology, Department of Medicine

Faculty – University of Alberta, Edmonton AB

Daniel Kim MD FRCPC

Assistant Professor, Division of Cardiology, Department of Medicine

Shane Kimber MD FRCPC

Associate Professor, Division of Cardiology, Department of Medicine

Jean-Michel LeMelleo MD

Associate Professor, Department of Psychiatry

Evangelos Michelakis MD FACC

Associate Professor, Division of Cardiology, Department of Medicine

Glen Pearson BSc BScPhm PharmD FCSHP

Assistant Professor, Division of Cardiology, Department of Medicine

Brian Sonnenberg MD FRCPC

Assistant Professor, Division of Cardiology, Department of Medicine

Dylan A. Taylor MD FRCPC

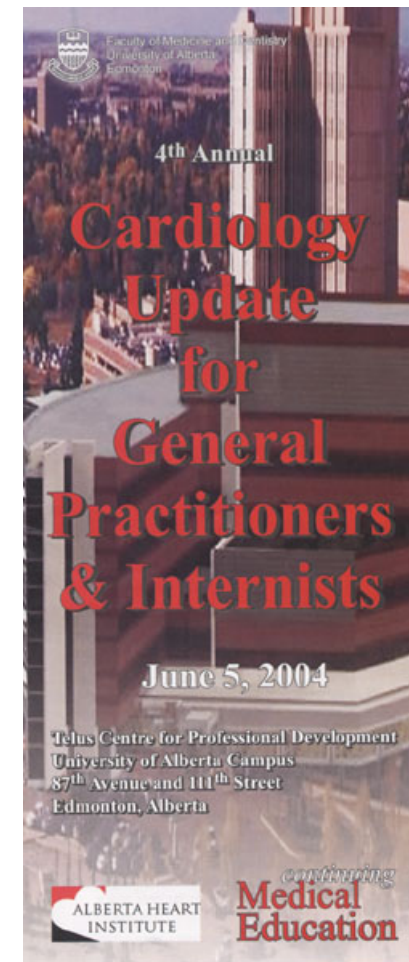
Clinical Professor of Medicine,
Division of Cardiology, Department of Medicine

Wayne Tymchak MD FRCPC

Professor of Medicine, Division of Cardiology, Department of Medicine

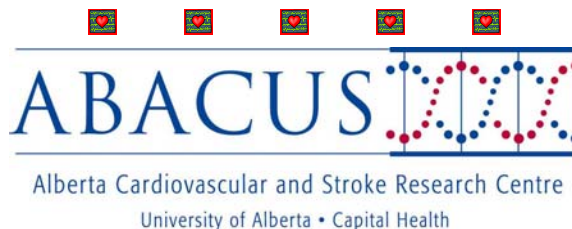
Robert Welsh MD FRCPC

Assistant Professor, Division of Cardiology, Department of Medicine



For Further Information Contact:

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Edmonton, Alberta T6G 2R7
Phone: 780-407-6346 Fax: 780-407-1442
E-mail: cme.registrations@ualberta.ca
Homepage: www.ualberta.ca/cme



Registration Form **June 5, 2004**
Cardiology Update for General Practitioners & Internists
(Registration now available on the CME Homepage)

Title	First Name	Last Name
Street		
City	Prov	Postal Code
Day Telephone	Fax Number	
E-Mail Address:		
Degrees: _____		
Specialty: _____		

Parking

Is available at TIMMS Underground Parkade for a cost, see General Information, "Parking" for more details

Registration Fees (includes course material, continental breakfast, refreshment breaks, lunch & attendance to the 8th Annual Cardiac Sciences Research Day)

Payment Received Before May 14, 2004*	Payment Received After May 14, 2004*
<input type="checkbox"/> \$150 Physician	<input type="checkbox"/> \$200
<input type="checkbox"/> \$80 Allied Health Professionals	<input type="checkbox"/> \$130
<input type="checkbox"/> \$25 Trainees	<input type="checkbox"/> \$75

(Residents & fellows; nursing, phys.ed & pharmacy students)

*** Registrations will not be processed without payment**

8th Annual Cardiac Science Research Day Program – June 4, 2004

Yes, I will attend NO, I will not attend

Method of Payment (PLEASE CIRCLE ONE)

VISA MasterCard Cheque-payable to University of Alberta

Credit Card Payment Information

Account Number
Expiry Date
Authorized Card Holder
Signature

Early Registration Deadline: May 14, 2004

  **Enrollment Limited**  

Please Complete Other Side ((

Registration Form **June 5, 2004**
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Workshops (Please Note: Numbers for each workshop are limited and will be assigned on a first come, first serve basis. If you do not choose a workshop, one will be chosen for you based on availability)

Please rate/number from 1 – 6 in your order of interest and preferred attendance

- _____ **A. Risk Stratification (clinical, ECG and markers) and Secondary Prevention in Acute Coronary Syndromes [Jeopardy Style Interactive Session]**
Brian Sonnenberg & Gabor Gyenes

- _____ **B. Cardiac Rehab and Exercise – What a GP Should Know**
Bill Dajoe

- _____ **C. Cardiac Examination and Auscultation for Valvular Heart Disease**
Mant Haraphongse & Dylan Taylor

- _____ **D. Management of CHF**
Bibiana Cujec

- _____ **E. Interpreting EKGs**
Carlos Basualdo

- _____ **F. Anxiety, Depression and Cardiovascular Diseases**
Jean-Michel LeMelledo



CME Program Advisory Committee

Stephen L. Archer MD FCFP
Director, Division of Cardiology, University of Alberta
Edmonton, AB

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Family Physician, Red Deer Regional Hospital, Red Deer, AB

Jane Yu MD
Family Physician, Private Practice, Edmonton, AB

Paul Davis MD ChB FRCP(C) FRCP(UK)
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